

ALL MEALS ARE FREE FOR ALL STUDENTS
Monday
Tuesday
Wednesday
Thursday
Friday
Hearty Home Made Beef Goulash

 Honey Roasted Baby Carrots
 Fruit
 Milk

5
BBQ Chicken Filet On WG Bun with Lettuce

 Rainbow Pepper Strips
 Fruit
 Milk

6
EARLY RELEASE DAY Turkey Bacon Cheddar Wrap Or Hummus and Veggie Wrap

 Celery Sticks
 Ranch Dip
 Heartzel Pretzels
 Fruit
 Milk

7
Cheesy Lasagna Rollup With Marinara Sauce

 Broccoli
 Fruit
 Milk

1
Egg Salad or Tuna Salad On WG Croissant

 Sweet Potato Fries with Honey Mustard
 Fruit
 Milk

2
Tender Roast Turkey

 Mashed Potato
 Gravy
 Dinner Roll
 Peas
 Fruit
 Milk

8
BURGER DAY Hamburger, Cheeseburger or Veggie Burger

 Oven Baked French Fries
 Broccoli
 Fruit
 Milk

9
Macaroni and Cheese

 Buttery Green Beans
 Dinner Roll
 Fruit
 Milk

12
Mandarin Orange Chicken Or TOFU

 Brown Rice
 Roasted Broccoli and Cauliflower
 Fruit
 Milk

13
PIZZA DAY Cheese Or Pepperoni

 Caesar Salad with Croutons
 Fruit
 Milk

14
Mexican Pulled Pork Or Black Bean
Soft Tacos
 Rice
 Corn
 Salsa & Sour Cream
 Fruit
 Milk

15
Crispy Chicken Tenders Or Tofu Tenders
With BBQ Sauce
 Mashed Potato
 WG Bread Stick
 Steamed Broccoli
 Fruit
 Milk

16

SPRING BREAK

19

SPRING BREAK

20

SPRING BREAK

21

SPRING BREAK

22

SPRING BREAK

23
Rotini with Marinara And Meatballs or Cottage Cheese

 Green Peas
 Dinner Roll
 Fruit
 Milk

26
Homemade Chicken & WG Biscuit With Veggies

 Buttery Green Beans
 Fruit
 Milk

27
PIZZA DAY Cheese Or Pepperoni

 Caesar Salad with Croutons
 Fruit
 Milk

28
Breakfast For Lunch Cinnamon French Toast Sticks

 Sausage Links
 Or Boiled Egg (Veg)
 Roasted Sweet Potato Waffle Fries
 Fruit
 Milk

29
BBQ Pulled Pork Sandwich On WG Bun

 Black Bean and Corn Salad
 Fruit
 Milk

30
Alternative Meal (Vegetarian):
Offered daily in addition to the main entrée.

WG Bagel with Cream Cheese, 4 oz. Yogurt and 1 oz. Cheese Square, Veggie Sticks and Dip, Fruit, Milk