

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

<p>Cheese or Pepperoni PIZZA w/ Tossed Garden Salad Fruit Milk</p> <p><b>5</b></p>	<p>Macaroni &amp; Cabot Cheese Green Beans Dinner Roll Fruit Milk</p> <p><b>6</b></p>	<p>NO STUDENTS IN SCHOOL</p> <p><b>7</b></p>	<p>COHORT 2 <b>1-Mexican Soft Taco w/ Local Beef or Beans (V) &amp; Cheese</b> Corn - Brown Rice Sour Cream &amp; Salsa <b>2- Deli Turkey &amp; Cheese Sandwich</b> Veggie Medley w/ Dip FRUIT MILK</p> <p><b>1</b></p>	<p>COHORT 2 <b>1-Sweet Cinnamon French Toast Sticks</b> Sausage Patties Roasted Red Potato Wedges <b>2 - Bagel &amp; Cream Cheese</b> 4 oz. Yogurt &amp; Cabot Cheese Veggie Medley w/ Dip FRUIT &amp; MILK</p> <p><b>2</b></p>
<p>Chicken Tenders or Baked Tofu w/ BBQ Sauce Roasted Parmesan Carrots WG Biscuit Fruit Milk</p> <p><b>12</b></p>	<p>Penne Pasta w/ Meatballs Or Cottage Cheese &amp; Marinara Sauce Roasted Broccoli Garlic Bread Stick  Fruit Milk</p> <p><b>13</b></p>	<p>NO STUDENTS IN SCHOOL</p> <p><b>14</b></p>	<p>Misty Knoll Chicken Drumsticks Mashed Potatoes Cornbread Fruit Milk</p> <p><b>8</b></p>	<p>Pulled Pork or Roasted Veggies On WG Bun Sweet Potato Fries Fruit Milk</p> <p><b>9</b></p>
<p>Yang's Yummy Orange Chicken Or Orange Tofu Steamed Edamame Beans Brown Rice Fruit Milk</p> <p><b>19</b></p>	<p>BREAKFAST FOR LUNCH Breakfast Sandwiches Egg Sausage Cheese or Egg &amp; Cheese On WG English Muffin Roasted Potato Wedges Fruit Milk</p> <p><b>20</b></p>	<p>Italian Sub Sandwich On WG Roll OR Cheese and Veggie Sub Veggie Sticks with Dip Fruit Milk</p> <p><b>21</b></p>	<p>BURGER DAY Hamburger, Cheeseburger or Veggie Burger Baked French Fries Fruit Milk</p> <p><b>15</b></p>	<p>NO SCHOOL</p> <p><b>16</b></p>
<p>Cheese Ravioli With Marinara Sauce Green Beans WG Dinner Roll Fruit Milk</p> <p><b>26</b></p>	<p>Homestyle Chicken &amp; Biscuits With Veggies Steamed Broccoli Fruit Milk</p> <p><b>27</b></p>	<p>Turkey and Cheese Roll UP On WG Tortilla Carrot and Celery Sticks with Dip Fruit Milk</p> <p><b>28</b></p>	<p>Cheese or Pepperoni PIZZA w/ Tossed Garden Salad Fruit Milk</p> <p><b>22</b></p>	<p>Nachos with Cheese Sauce And Local Beef OR Beans Corn Salsa Fruit Milk</p> <p><b>23</b></p>
<p>Loaded Baked Potato Ham, Broccoli, Cheddar Boat Or Cheddar, Broccoli Boat Cornbread Fruit Milk</p> <p><b>29</b></p>	<p>Ghostly Grilled Cheese or Ghostly Grilled Cheese w/ Ham Sweet Potato Finger Fries Cucumber Broomsticks Halloween Fruit Treat Milk</p> <p><b>30</b></p>			

**An ALTERNATE MEAL will be available every day:**  
WG Bagel with Cream Cheese, Baby Carrots with Ranch,  
Cheddar Cheese Stick, 4 oz. Yogurt & Applesauce  
(The alternate meal is vegetarian and can be gluten free on request)

