



# Vergennes Union High School

## OCTOBER 2020

### MENU

Carmen Jochum, Manager  
 Karen Takeda, Chef  
 Manager  
 Lisa Lawrence  
 Jamie Bryant  
 Julie Rheume

MONDAY	TUESDAY	W	THURSDAY	FRIDAY
<p><b>ALL MEALS ARE FREE for ALL STUDENTS</b></p>	<p>***  <b>FRUIT &amp; MILK COMES with Every Meal</b>            ***</p>		<p>1 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Big Daddy's Pepperoni Pizza -Garden Salad w/ Ranch</li> </ul> <b>Signature Salad</b>            Chicken Caesar Salad with WG Roll  <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>Cheese Pizza –Garden Salad w/ Ranch</li> </ul> </p>	<p>2 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Penne Pasta w/ Meatballs &amp; Marinara Sauce, Roasted Carrots</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>Chicken Burger on WG Bun, Baked French Fries</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>Penne Pasta w/ Marinara, Cheese Sticks, Roasted Carrots</li> </ul> </p>
<p>5 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Crispy Fried Chicken w/ WG Waffle, Roasted Red Wedges, Ketchup &amp; Syrup</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Italian Sub on WG Hoagie Raw Veggie Sticks w/ Dip</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Egg Salad on a WG Croissant w/ Raw Veggie Sticks w/ Dip</li> </ul> </p>	<p>6 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Beef Taco Meal -Local Beef, WG Tortilla, Rice, Corn, Lettuce, Salsa</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>Chicken Burger on WG Bun, Garden Salad w/ Ranch</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Bean Taco Meal – Beans, WG Tortilla, Rice, Corn, Lettuce, Salsa</li> </ul> </p>	7	<p>8 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Crispy Fried Chicken w/ WG Waffle, Roasted Red Wedges, Ketchup &amp; Syrup</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Italian Sub on WG Hoagie Raw Veggie Sticks w/ Dip</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Egg Salad on a WG Croissant w/ Raw Veggie Sticks w/ Dip</li> </ul> </p>	<p>9 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Beef Taco Meal -Local Beef, WG Tortilla, Rice, Corn, Lettuce, Salsa</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>Chicken Burger on WG Bun, Garden Salad w/ Ranch</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Bean Taco Meal – Beans, WG Tortilla, Rice, Corn, Lettuce, Salsa</li> </ul> </p>
<p>12 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Big Daddy's Pepperoni Pizza – Garden Salad</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Turkey Bacon &amp; Cheddar Sandwich– Raw Veggies w/ Dip</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Big Daddy's Cheese Pizza – Garden Salad</li> </ul> </p>	<p>13 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Chicken Tenders w/ WG Biscuit – Corn &amp; Baked Beans</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>BBQ Pulled Pork on WG Bun, Corn &amp; Baked Beans</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>Egg Salad on WG Croissant Raw Veggies w/ Dip</li> </ul> </p>	14	<p>15 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Big Daddy's Pepperoni Pizza – Garden Salad</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Turkey Bacon &amp; Cheddar Sandwich– Raw Veggies w/ Dip</li> </ul> <b>Very Veggie</b>  <ul style="list-style-type: none"> <li>Big Daddy's Cheese Pizza – Garden Salad</li> </ul> </p>	<p><b>NO SCHOOL</b></p>
<p>19 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>WG French Toast Sticks w/ Sausage Links – Oven Roasted Potatoes</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Ham &amp; Cheddar on WG Croissant w/ Honey Mustard, Raw Veggies w/ Dip</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>WG French Toast Sticks w/ Hard Boiled Egg, Oven Roasted Potatoes</li> </ul> </p>	<p>20 COHORT 1  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Yang's Chicken w/ Rice, Sauteed Garlic Ginger Green Beans</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>Cheeseburger on WW Roll, Baked French Fries</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>Yang's Tofu with Rice, Sauteed Garlic Ginger Green Beans</li> </ul> </p>	21	<p>22 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>WG French Toast Sticks w/ Sausage Links – Oven Roasted Potatoes</li> </ul> <b>Signature Sandwich</b>  <ul style="list-style-type: none"> <li>Ham &amp; Cheddar on WG Croissant w/ Honey Mustard, Raw Veggies w/ Dip</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>WG French Toast Sticks w/ Hard Boiled Egg &amp; Oven Roasted Potatoes</li> </ul> </p>	<p>23 COHORT 2  <b>Fan Favorite</b>  <ul style="list-style-type: none"> <li>Yang's Chicken w/ Rice, Sauteed Garlic Ginger Green Beans</li> </ul> <b>Signature Burger</b>  <ul style="list-style-type: none"> <li>Cheeseburger on WW Roll, Baked French Fries</li> </ul> <i>Very Veggie</i>  <ul style="list-style-type: none"> <li>Yang's Tofu with Rice, Sauteed Garlic Ginger Green Beans</li> </ul> </p>

<p>26 COHORT 1</p> <p><b>Fan Favorite</b></p> <ul style="list-style-type: none"> <li>• <b>Big Daddy's Pepperoni Pizza</b> – Garden Salad</li> </ul> <p><b>Signature Sandwich</b></p> <p><b>Chicken Caesar Salad</b> with WG Roll</p> <p><b>Very Veggie</b></p> <ul style="list-style-type: none"> <li>• <b>Big Daddy's Cheese Pizza</b> – Garden Salad</li> </ul>	<p>27 COHORT 1</p> <p><b>Fan Favorite</b></p> <ul style="list-style-type: none"> <li>• <b>Penne Pasta w/ Meatballs &amp; Marinara Sauce</b>, Roasted Carrots</li> </ul> <p><b>Signature Burger</b></p> <ul style="list-style-type: none"> <li>• <b>Turkey &amp; Cheddar Sub with Lettuce</b> on WG Bun, Veggies and Dip</li> </ul> <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> <li>• <b>Penne Pasta w/ Marinara</b>, Cheese Sticks, Roasted Carrots</li> </ul>	<p>28</p>	<p>29 COHORT 2</p> <p><b>Fan Favorite</b></p> <ul style="list-style-type: none"> <li>• <b>Big Daddy's Pepperoni Pizza</b> – Garden Salad</li> </ul> <p><b>Signature Sandwich</b></p> <p><b>Chicken Caesar Salad</b> with WG Roll</p> <p><b>Very Veggie</b></p> <ul style="list-style-type: none"> <li>• <b>Big Daddy's Cheese Pizza</b> – Garden Salad</li> </ul>	<p>30 COHORT 2</p> <p><b>Fan Favorite</b></p> <ul style="list-style-type: none"> <li>• <b>Penne Pasta w/ Meatballs &amp; Marinara Sauce</b>, Roasted Carrots</li> </ul> <p><b>Signature Burger</b></p> <ul style="list-style-type: none"> <li>• <b>Turkey &amp; Cheddar Sub with Lettuce</b> on WG Bun, Veggies and Dip</li> </ul> <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> <li>• <b>Penne Pasta w/ Marinara</b>, Cheese Sticks, Roasted Carrots</li> </ul>
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**This institution is an equal opportunity provider.**