



WELCOME BACK STUDENTS – We are so happy to be able to make meals for YOU!

Vergennes Union High School COMMODORE CAFÉ SEPTEMBER- 2020



Carmen Jochum, Manager
Karen Takeda, Chef
Manager
Julie Reahume
Lisa Lawrence
Jamie Bryant

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>7 NO SCHOOL</p> <div style="border: 1px solid black; padding: 10px; text-align: center;"> <p>ALL MEALS ARE FREE for ALL STUDENTS</p> </div>	<p>8 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Beef Taco Meal -Local Beef, WG Tortilla, Rice, Corn, Lettuce, Salsa <p>Signature Burger</p> <ul style="list-style-type: none"> • Chicken Burger on WG Bun Garden Salad w/ Ranch <p>Very Veggie</p> <ul style="list-style-type: none"> • Bean Taco Meal – Beans, WG Tortilla, Rice, Corn, Lettuce, Salsa 	<p>9</p>	<p>10 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Crispy Fried Chicken w/ WG Waffle Roasted Red Wedges, Ketchup & Syrup <p>Signature Sandwich</p> <ul style="list-style-type: none"> • Italian Sub on WG Hoagie Raw Veggie Sticks w/ Dip <p>Very Veggie</p> <ul style="list-style-type: none"> • Egg Salad on a WG Croissant w/ Raw Veggie Sticks w/ Dip 	<p>11 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Beef Taco Meal -Local Beef, WG Tortilla, Rice, Corn, Lettuce, Salsa <p>Signature Burger</p> <ul style="list-style-type: none"> • Chicken Burger on WG Bun, Garden Salad w/ Ranch <p>Very Veggie</p> <ul style="list-style-type: none"> • Bean Taco Meal – Beans, WG Tortilla, Rice, Corn, Lettuce, Salsa
<p>14 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Pepperoni Pizza – Garden Salad <p>Signature Sandwich</p> <ul style="list-style-type: none"> • Turkey Bacon & Cheddar Sandwich– Raw Veggies w/ Dip <p>Very Veggie</p> <ul style="list-style-type: none"> • Cheese Pizza – Garden Salad 	<p>15 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Chicken Tenders w/ WG Biscuit– Corn & Baked Beans <p>Signature Burger</p> <ul style="list-style-type: none"> • BBQ Pulled Pork on WG Bun, Corn & Baked Beans <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Egg Salad on WG Croissant Raw Veggies w/ Dip 	<p>16</p>	<p>17 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Pepperoni Pizza – Garden Salad <p>Signature Sandwich</p> <ul style="list-style-type: none"> • Turkey Bacon & Cheddar Sandwich– Raw Veggies w/ Dip <p>Very Veggie</p> <ul style="list-style-type: none"> • Cheese Pizza – Garden Salad 	<p>18 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Chicken Tenders w/ WG Biscuit– Corn & Baked Beans <p>Signature Burger</p> <ul style="list-style-type: none"> • BBQ Pulled Pork on WG Bun, Corn & Baked Beans <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Egg Salad on WG Croissant Raw Veggies w/ Dip
<p>21 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • WG French Toast Sticks w/ Sausage Patties – Oven Roasted Potatoes <p>Signature Sandwich</p> <ul style="list-style-type: none"> • Ham & Cheddar on WG Croissant w/ Honey Mustard, Raw Veggies w/ Dip <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • WG French Toast Sticks w/ Hard Boiled Egg, Oven Roasted Potatoes 	<p>22 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Yang's Chicken w/ Rice, Sauteed Garlic Ginger Green Beans <p>Signature Burger</p> <ul style="list-style-type: none"> • Cheeseburger on WW Roll, Garden Salad <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Yang's Tofu with Rice, Sauteed Garlic Ginger Green Beans 	<p>23</p>	<p>24 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • WG French Toast Sticks w/ Sausage Patties – Oven Roasted Potatoes <p>Signature Sandwich</p> <ul style="list-style-type: none"> • Ham & Cheddar on WG Croissant w/ Honey Mustard, Raw Veggies w/ Dip <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • WG French Toast Sticks w/ Hard Boiled Egg & Oven Roasted Potatoes 	<p>25 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Yang's Chicken w/ Rice, Sauteed Garlic Ginger Green Beans <p>Signature Burger</p> <ul style="list-style-type: none"> • Cheeseburger on WW Roll, Garden Salad <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Yang's Tofu with Rice, Sauteed Garlic Ginger Green Beans
<p>28 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Pepperoni Pizza – Ceasar Garden Salad w/ Ranch <p>Signature Salad</p> <ul style="list-style-type: none"> • Chicken Caesar Salad with WG Roll <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Cheese Pizza – Garden Salad w/ Ranch 	<p>29 COHORT 1 Fan Favorite</p> <ul style="list-style-type: none"> • Penne Pasta w/ Meatballs & Marinara Sauce, Roasted Carrots <p>Signature Burger</p> <ul style="list-style-type: none"> • Chicken Burger on WG Bun, Garden Salad <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Penne Pasta w/ Marinara, Cheese Sticks, Roasted Carrots. 	<p>30</p>	<p>1 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Pepperoni Pizza -Garden Salad w/ Ranch <p>Signature Salad</p> <ul style="list-style-type: none"> • Chicken Caesar Salad with WG Roll <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Cheese Pizza –Garden Salad w/ Ranch 	<p>2 COHORT 2 Fan Favorite</p> <ul style="list-style-type: none"> • Penne Pasta w/ Meatballs & Marinara Sauce, Roasted Carrots <p>Signature Burger</p> <ul style="list-style-type: none"> • Chicken Burger on WG Bun, Garden Salad <p><i>Very Veggie</i></p> <ul style="list-style-type: none"> • Penne Pasta w/ Marinara, Cheese Sticks, Roasted Carrots

FRUIT and MILK COMES WITH EVERY MEAL

This institution is an equal opportunity provider.