



# SEPTEMBER 2020

## ANWSD ELEMENTARY SCHOOLS

### Catering in the Classroom

All School Meals Are  
**Free**  
for all students!

We are so excited to  
prepare meals for you!

| Tuesday | Wednesday | Thursday | Friday |
|---------|-----------|----------|--------|
| 1       | 2         | 3        | 4      |

**FREE** meals for remote learners will be available for pick up every week **starting September 16.**  
Pick up 6 meals (breakfast and lunch) every Wednesday at VUHS 4:00 – 5:30  
**See Take Out School Meals Menu on our Website and [SIGN UP FOR TAKE OUT!](#)**

**NO SCHOOL** 7

**COHORT 1** 8  
1-Cheese or Pepperoni Pizza  
Tossed Garden Salad w/ Vegetables  
2-Deli Turkey Sandwich on WG Bread  
Raw Veggie Sticks w/Dip  
FRUIT & MILK

**All REMOTE** 9

**COHORT 2** 10  
1-Macaroni and Cheese  
Roasted Carrots  
Dinner Roll  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 2** 11  
1-Cheese or Pepperoni Pizza  
Tossed Garden Salad w/ Vegetables  
2-Deli Turkey Sandwich on WG Bread  
Raw Veggie Sticks w/ Dip  
FRUIT & MILK

**COHORT 1** 14  
1-Chicken Tenders  
Or Baked Tofu (V) w/ BBQ Sauce  
Corn & Mashed Potatoes  
Whole Grain Biscuit  
2 - Deli Turkey & Cheese Sandwich  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 1** 15  
1-Penne Pasta w/ Marinara  
Meatballs or Cottage Cheese (V)  
Roasted Broccoli & Garlic Bread Stick  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**ALL REMOTE** 16

**COHORT 2** 17  
1-Chicken Tenders  
Or Baked Tofu (V) w/ BBQ Sauce  
Corn & Mashed Potatoes  
Whole Grain Biscuit  
2 - Deli Turkey & Cheese Sandwich  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 2** 18  
1-Penne Pasta w/ Marinara  
Meatballs or Cottage Cheese (V)  
Roasted Broccoli & Garlic Bread Stick  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 1** 21  
1 - Yang's Yummy Chicken  
Or Tofu (V)  
Steamed Edamame Beans w/Butter  
Brown Rice  
2 - Deli Turkey & Cheese Sandwich  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 1** 22  
1-Cheese (V) or Pepperoni  
Mini Pizza  
Tossed Garden Salad with Veggies  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**ALL REMOTE** 23

**COHORT 2** 24  
1 - Yang's Yummy Chicken  
Or Tofu (V)  
Steamed Edamame Beans w/Butter  
Brown Rice  
2 - Deli Turkey & Cheese Sandwich  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 2** 25  
1-Cheese (V) or Pepperoni  
Mini Pizza  
Tossed Garden Salad with Veggies  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 1** 28  
1-Mexican Soft Taco w/  
Local Beef or Beans (V) & Cheese  
Corn - Brown Rice  
Sour Cream & Salsa  
2- Deli Turkey & Cheese Sandwich  
Veggie Medley w/ Dip  
FRUIT & MILK

**COHORT 1** 29  
1-Sweet Cinnamon  
French Toast Sticks  
Sausage Patties  
Roasted Red Potato Wedges  
2 - Bagel & Cream Cheese  
4 oz. Yogurt & Cabot Cheese  
Veggie Medley w/ Dip  
FRUIT & MILK

**ALL REMOTE** 30

This institution is an equal opportunity provider.

