

## Vergennes Elementary School

To see some of our meals and our team in action follow us on  
**INSTAGRAM@greatschoolmeals**

### Monday

**Cheesy Chicken over Noodles** **3**  
 Green Peas  
 Cinnamon Chickpeas  
 Garlic Roll  
 Fruit Selection  
 Milk

**Fish or Chicken Buttered Noodles** **10**  
 Green Salad  
 Garlic Bread  
 Fruit Selection  
 Milk

### Tuesday

**Breakfast for Lunch Fruit and Yogurt Parfait** **4**  
 Homemade Granola  
 Sausage Links – Carrot Coins  
 Baked Potato Wedges  
 French Toast Sticks  
 w/ Maple Syrup  
 Fruit Selection \*\* Milk

**Chicken or Cheese Quesadilla** **11**  
 Refried Beans  
 Cornbread  
 Mexican Roasted Corn  
 Fruit Selection  
 Milk

### Wednesday

**Pizza Cheese, Pepperoni, Veggie, Or Veggie Pepperoni** **5**  
 Green Beans  
 Cherry Tomato and Cucumber Salad  
 Fruit Selection  
 Milk

**All School Picnic Hamburger, Hot Dogs, Veggie Burger** **12**  
 Veggie Pasta Salad  
 Potato Salad  
 Watermelon  
 Ice Cream Sandwiches  
 Milk

### Thursday

**Spaghetti with Meatballs And Marinara Sauce** **6**  
 Green Beans  
 Caesar Salad with Croutons  
 Garlic Bread  
 Fruit Selection  
 Milk

**BBQ Chicken Sandwich On WW Bun** **13**  
 Toss Salad w/ Croutons  
 Coleslaw  
 Pumpkin Souffle  
 Fruit Selection  
 Milk

### Friday

**Ham and Cheese Or Veggie and Cheese Roll Up on WW Tortilla** **7**  
 Salsa and Chips  
 Romaine w/ Ranch Dressing  
 Fruit Selection  
 Milk

**HALF DAY - Bag Lunch Turkey Sandwich on WW Bread** **14**  
 Mustard/Mayo  
 Carrot Sticks with Ranch Dip  
 Sun-Chips  
 Dried Fruit Box  
 Milk

**17** **18** **19** **20** **21**

**HAPPY SUMMER!! Keep on Learning and Growing with Healthy Food and Lots of Activity See You in the FALL!**

**SUMMER MEALS PROGRAMS START TODAY!** **24**  
 Kids Eat Free at:  
 Vergennes Elementary School  
 Vergennes High School  
 And other sites as well  
**VISIT:** [mausd-anwsdnutrition.com](http://mausd-anwsdnutrition.com)  
 for full listing

**25** **26** **27** **28**

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER**

**Alternative Meal**  
*A daily alternative to the main entrée*  
 Bagel & Cream Cheese with 4 oz. Yogurt

**PRICES**  
 Breakfast - \$1.85  
 Paid Lunch Meal \$2.85  
 Reduced and Free Lunch – FREE  
 Milk w/o a meal - \$.65  
 Adult Breakfast \$2.50    Adult Lunch \$5.00

