

To see some of our meals and our team in action follow us on  
[INSTAGRAM@greatschoolmeals](https://www.instagram.com/greatschoolmeals)

**Monday**

**Macaroni & Cheese** **3**  
 Green Peas  
 Roasted Carrots  
 Blueberry Muffin  
 Fresh Fruit & Veggie Bar  
 Milk

**Ravioli** **10**  
**With Marinara Sauce**  
 Cesar Salad  
 Dinner Roll  
 Fresh Fruit & Veggie Bar  
 Milk

**Turkey Sandwich** **17**  
**on WW Bread**  
 Mustard/Mayo  
 Veggie Sticks with Ranch Dip  
 WG Pretzels  
 Dried Fruit Box  
 Milk

**SUMMER MEALS** **24**  
**PROGRAMS START TODAY!**  
 Kids Eat Free at:  
 Mt. Abe High School  
 Bristol Recreation – Holly Hall  
 And other sites as well  
**VISIT:** [mausd-anwsdnutrition.com](http://mausd-anwsdnutrition.com)  
 for full listing or call 453-7002

**Tuesday**

**Breakfast for Lunch** **4**  
**Cheesy Scrambled Eggs**  
 Sausage Links  
 Baked Potato Wedges  
 French Toast Sticks  
 w/ Maple Syrup  
 Fresh Fruit & Veggie Bar  
 Milk

**Beef Burritos w/ Cheese** **11**  
**Or Bean Burrito w/ Cheese**  
 Brown Rice  
 Corn  
 Fresh Fruit & Veggie Bar  
 Milk

**Wednesday**

**Spaghetti with Meatballs** **5**  
**And Marinara Sauce**  
 Roasted Broccoli  
 Garlic Knot  
 June Birthday Treat  
 Fresh Fruit & Veggie Bar  
 Milk

**Lake Day** **12**  
**Bagel Bag Lunch**  
 Cream Cheese / Peanut Butter  
 String Cheese  
 Baby Carrots w/ Ranch Dip  
 WG Goldfish  
 Apple Milk

**Thursday**

**Hamburger, Cheeseburger** **6**  
**Hot Dog or Black Bean Burger**  
**On WW Bun**  
 Sweet Potato Fries  
 Coleslaw  
 Fresh Fruit & Veggie Bar  
 Milk

**BBQ Chicken Sandwich** **13**  
**On WW Bun**  
 Coleslaw  
 Peas  
 Fresh Fruit & Veggie Bar  
 Milk

**Friday**

**Cheese Quesadilla** **7**  
**Salsa & Sour Cream**  
 Mexican Rice  
 Green Beans  
 Fresh Fruit & Veggie Bar  
 Milk

**Cheesy Breadsticks** **14**  
 Marinara Dip  
 Sweet Potato Fries  
 Fresh Fruit & Veggie Bar  
 Ice Cream Sandwiches  
 Milk

**HAPPY SUMMER!!** Keep on Learning and Growing with Healthy Food and Lots of Activity  
 See You in the FALL!

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

**Alternative Meal**

*A daily alternative to the main entrée*  
 M, W, F – Bagel and Cream Cheese w/ 4 oz. Yogurt  
 T, Th – Sunbutter & Jelly Sandwich

**PRICES**

Breakfast - \$FREE  
 Paid Lunch Meal \$2.70  
 Reduced and Free Lunch – FREE  
 Milk w/o a meal - \$.65  
 Adult Breakfast \$2.50    Adult Lunch \$5.00



Monday

Tuesday

Wednesday

Thursday

Friday

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