

Monday

Tuesday

Wednesday

Thursday

Friday



Macaroni and Cheese **6**
Cucumber and Cherry Tomato Salad
Buttery Corn
Dinner Roll
Fruit Selection
Milk

EARLY RELEASE DAY **7**
Whole Grain Soft Pretzel
With Honey Mustard
Veggie Sticks with Dip
Cheese Sticks
Whole Grain Cookie
Fruit
Milk

Breakfast for Lunch **1**
Cheesy Scrambled Eggs
Waffle Stix with Maple Syrup
Sausage Links
Cucumber Spears
Sweet Potato Fries
Fruit Selection
Milk

Pizza **8**
Cheese, Pepperoni and Veggie
BBQ Baked Beans
Cherry Tomato and Cucumber Salad
Fruit Selection
Milk

Meaty Goulash **2**
Steamed Broccoli
Creamy Coleslaw
Dinner Roll
Fruit Selection
Milk

Mexican Lasagna **9**
With Taco Beef and Cheese
Or Beans and Cheese
Broccoli Salad
Brown Rice
Fruit Selection
Milk

Chicken Patty or Fish Patty On a WW Bun **3**
Baked Beans
Roasted Potato Wedges
Green Beans
Fruit Selection
Milk

Turkey or Egg Salad Sandwich On WW Bread **10**
Spring Chicken Noodle Soup
Sweet Potato Waffle Fries
With Honey Mustard
Fruit Selection
Milk

Ravioli **13**
with Marinara Sauce
Edamame Beans
Green Salad
Garlic Bread Stick
Fruit Selection
Milk

TACO TUESDAY **14**
Chicken Taco or Bean Taco
Shredded Lettuce
Corn
Sour Cream ** Salsa
Brown Rice
Fruit Selection
Milk

Separate Pie **15**
Ground Beef, Corn and Gray
Mashed Potatoes
Or Mexican Bean Pie
Spinach Salad ** WW Biscuit
Roasted Cauliflower
Fruit Selection
Milk

Chicken Tenders or Tofu Tenders **16**
w/ Sweet and Sassy Dipping Sauce
Steamed Broccoli
Dinner Roll
Potato Wedges
Fruit Selection
Milk

Meatball Sub Or Falafel **17**
with Mozzarella and Marinara
On WW Roll
Tender Sweet Peas
Fruit Selection
Milk

Chicken and Cheese or Cheese Quesadillas **20**
Barley and Brown Rice Pilaf
Salsa and Sour Cream
Corn
Fruit Selection
Milk

Baked Potato Bar **21**
Cheddar Cheese, Broccoli, Ham
Pepper Strips with Dip
WW Biscuit
Fruit Selection
Milk

Pizza **22**
Cheese, Pepperoni, and Veggie
Caesar Salad with Croutons
4 Bean Salad
Fruit Selection
Milk

Misty Knoll Chicken Drumstick **23**
Mashed Potato
Cornbread
Steamed Broccoli
Fruit Selection
Milk

Grilled Cheese Sandwich Ham Roll Ups **24**
Tomato and Rice Soup
Cucumbers and Carrots
Graham Crackers
Fruit Selection
Milk

NO SCHOOL **27**
Memorial Day

NACHOS Cheese Sauce **28**
Taco Beef or Beans
Coconut Rice
Corn
Salsa
Fruit Selection
Milk

Chicken Chef Salad Buttery Noodles **29**
Steamed Broccoli
Baked Beans
Dinner Roll
Fruit Selection
Milk

Sloppy Joe or Sloppy Lentil Joe On WW Bun **30**
Creamy Coleslaw
Roasted Carrots
Fruit Selection
Milk

Turkey and Cheese Melt **31**
On Flatbread
Rice a Roni Pilaf
Baby Carrots with Dip
Cucumber and Pepper Sticks
WG Goldfish
Fruit Selection
Milk

Alternative Meal

A daily alternative to the main entrée
Bagel & Cream Cheese with 4 oz. Yogurt

PRICES
Breakfast - \$1.85
Paid Lunch Meal \$2.85
Reduced and Free Lunch - FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00



**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY**