

To see some of our meals and our team in action follow us on  
**INSTAGRAM @greatschoolmeals**

**Monday**

**Beef Stroganoff**

With Noodles  
Peas  
WW Biscuit  
Fresh Fruit and Veggie Bar  
Milk

1

**Tuesday**

**Macaroni and Cheese**

Steamed Broccoli  
Roasted Chick Peas  
Dinner Roll  
Fresh Fruit and Veggie Bar  
Milk

2

**Wednesday**

**Pizza**

Pepperoni, Cheese, or Veggie  
Carrot Sticks with Dip  
Green Beans  
Caesar Salad  
Fresh Fruit and Veggie Bar  
Milk

3

**Thursday**

**BBQ Chicken on a Bun**

Corn  
Baked Beans  
Fresh Fruit and Veggie Bar  
Milk

4

**Friday**

**Ham and Cheese Sub  
With Lettuce  
Or Hummus and Veggie Sub**

Broccoli Cheese Soup  
Sweet Potato Fries  
Fresh Fruit and Veggie Bar  
Milk

5

**Breakfast For LUNCH**

French Toast Sticks  
VT Maple Syrup  
Sausage Patty \* Home Fries  
Steamed Broccoli  
Vanilla Yogurt  
Fresh Fruit and Veggie Bar  
Milk

8

**TACO TUESDAY**

Chicken Taco or Bean Taco  
On Hard Corn Taco Shell  
Shredded Lettuce \*\*\* Corn  
Sour Cream \*\* Salsa  
Brown Rice  
Fresh Fruit and Veggie Bar  
Milk

9

**EARLY RELEASE DAY**

Turkey, Bacon, Cheddar Wrap  
On WW Tortilla  
Carrot and Celery Sticks  
Whole Grain Pretzels  
Whole Grain Cookie  
Milk

10

**Honey Lemon Chicken**

Roasted Green Beans  
Sweet Potato Fries  
Whole Grain Biscuit  
Fresh Fruit and Veggie Bar  
Milk

11

**Rotini with Meat Sauce or  
Cheese Sauce**

Steamed Asparagus  
Spinach Salad  
Dinner Roll  
Fresh Fruit and Veggie Bar  
Milk

12

**Grilled Cheese Sandwich**

Tomato Tortellini Soup  
Cucumbers and Carrots  
Graham Crackers  
Fresh Fruit and Veggie Bar  
Milk

15

**Spaghetti with Meatballs  
And Marinara Sauce**

Roasted Carrots  
WW Dinner Roll  
Fresh Fruit and Veggie Bar  
Milk

16

**Pizza**

Pepperoni, Cheese, Veggie  
Steamed Broccoli  
Caesar Salad with Romaine  
Roasted Chick Peas  
Fresh Fruit and Veggie Bar  
Milk

17

**Roast Turkey Sandwich  
Open Faced on WW Bread**

With Gravy  
Mashed Potatoes  
Green Beans \*\* Stuffing  
Cranberry Sauce  
Fresh Fruit and Veggie Bar  
Milk

18

**Hamburger, Cheese Burger  
Or Veggie Burger  
Lettuce**

Baked Potato Wedges  
Buttery Corn  
Fresh Fruit and Veggie Bar  
Milk

19

22

23

24

25

26

**APRIL RECESS - Time For Fresh Air, Sunshine, and Good Healthy Food**

**Cheese Breadstick Dunkers  
With Marinara Sauce**

Honey Carrot Coins  
Peas  
Fresh Fruit and Veggie Bar  
Milk

29

**Fajita Chicken or Beans  
With Cheese on WW Tortilla**

Rainbow Peppers Strips with Dip  
Corn  
Brown Rice  
Fresh Fruit and Veggie Bar  
Milk

30

**Alternative Meal**

*A daily alternative to the main entrée*  
Bagel and Cream Cheese w/ Cheese Stick

**PRICES**

Breakfast - \$1.25  
Paid Lunch Meal \$2.70  
Reduced and Free Lunch - FREE  
Milk w/o a meal - \$.65  
Adult Breakfast \$2.50    Adult Lunch \$5.00

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opportunity employer**