

To see some of our meals and our team in action follow us on
INSTAGRAM @greatschoolmeals

Monday

Tuesday

Wednesday

Thursday

Friday

Meatloaf

"Cupcakes"
Mashed Potatoes
Peas
WW Biscuit
Fresh Fruit and Veggie Bar
Milk

1

Macaroni and Cheese

Steamed Broccoli
Baked Beans
Dinner Roll
Fresh Fruit and Veggie Bar
Milk

2

Fresh Pizza

Pepperoni, Cheese, or Veggie
Carrot Sticks with Dip
Green Beans
Caesar Salad
Fresh Fruit and Veggie Bar
Milk

3

BBQ Chicken on a Bun

Corn
Roasted Chick Peas
Fresh Fruit and Veggie Bar
Milk

4

**Ham and Cheese Sub
With Lettuce**

Or Hummus and Veggie Sub
Broccoli Cheese Soup
Sweet Potato Fries
Fresh Fruit and Veggie Bar
Milk

5

**Rotini with Meat Sauce or
Cheese Sauce**

Steamed Asparagus
Spinach Salad
Dinner Roll
Fresh Fruit and Veggie Bar
Milk

8

TACO TUESDAY

Chicken Taco or Bean Taco
On Crunchy Corn Taco Shell
Shredded Lettuce *** Corn
Sour Cream ** Salsa
Brown Rice
Fresh Fruit and Veggie Bar
Milk

9

EARLY RELEASE DAY

Turkey, Bacon, Cheddar Wrap
On WW Tortilla
Carrot and Celery Sticks
Whole Grain Pretzels
Whole Grain Cookie
Fruit
Milk

10

Honey Lemon Chicken

Roasted Green Beans
Sweet Potato Half
Whole Grain Biscuit
Fresh Fruit and Veggie Bar
Milk

11

**Hamburger, Cheese Burger
Or Veggie Burger**

Lettuce
Baked Potato Wedges
Buttery Corn
Fresh Fruit and Veggie Bar
Milk

12

**Grilled Cheese Sandwich or
Grilled Ham and Cheese**

Tomato Tortellini Soup
Cucumbers and Carrots
Graham Crackers
Fresh Fruit and Veggie Bar
Milk

15

**Spaghetti with Meatballs
And Marinara Sauce**

Roasted Carrots
WW Dinner Roll
Fresh Fruit and Veggie Bar
Milk

16

Fresh Pizza

Pepperoni, Cheese, Veggie
Steamed Broccoli
Caesar Salad with Romaine
Roasted Chick Peas
Fresh Fruit and Veggie Bar
Milk

17

**Roast Turkey Sandwich
Open Faced on WW Bread**

With Gravy
Mashed Potatoes
Green Beans ** Stuffing
Cranberry Sauce
Fresh Fruit and Veggie Bar
Milk

18

Breakfast For LUNCH

French Toast Sticks
VT Maple Syrup
Sausage Patty * Hash Browns
Steamed Broccoli
Vanilla Yogurt
Fresh Fruit & Veggie Bar
Milk

19

22

23

24

25

26

APRIL RECESS - Time For Fresh Air, Sunshine, and Good Healthy Food

**Cheese Breadstick Dunkers
With Marinara Sauce**

Honey Carrot Coins
Peas
Fresh Fruit and Veggie Bar
Milk

29

**Fajita Chicken or Beans
With Cheese on WW Tortilla**

Rainbow Peppers Strips with Dip
Corn
Brown Rice
Fresh Fruit and Veggie Bar
Milk

30

Alternative Meal

A daily alternative to the main entrée

M, W, F – Sunbutter and Jelly Sandwich

T, Th – Bagel and Cream Cheese with Yogurt or Cheese

PRICES

Breakfast - \$1.25
Paid Lunch Meal \$2.70
Reduced and Free Lunch – FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00

**This institution is an equal
opportunity employer**

Pajama Day!

