

**March is National Nutrition Month**  
**Celebrate with Nutritious School Meals**

**MARCH 2019**  
 Bristol Elementary School

Bertha Allen, Manager  
 Carlyne Morehouse and Vanessa Hernandez, Assistants

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

This institution is an equal opportunity employer

**Dr. Seuss Day** 1  
 Green Eggs and Ham  
 Whoville Hash  
 One Fish, Two Fish Goldfish Crackers  
 Butter Battle English Muffins  
 Fresh Broccoli Truffula Trees  
 Pink Ink Strawberry Smoothie  
 Milk

**Cheese Quesadillas** 4  
 Or  
**Chicken and Cheese Quesadillas**  
 Roasted Green Beans  
 Carrot Sticks \*\*\*\* Brown Rice  
 Salsa and Sour Cream  
 Fresh Fruit and Veggie Bar  
 Milk

**Hearty Beef Chili Bowl** 5  
 Or **Veggie Chili**  
 With Cheddar Cheese  
 Carrot Salad with Craisins  
 Buttery Corn \*\*\* Cornbread  
 Mardi Gras King Cake  
 Fresh Fruit and Veggie Bar  
 Milk

**PIZZA DAY** 6  
 Cheese, Pepperoni, or  
 Veggie Pizza  
 Kale Caesar Salad  
 Peas  
 Fresh Fruit and Veggie Bar  
 Milk

**EARLY RELEASE DAY** 7  
 Whole Grain Bagel  
 Cream Cheese  
 Cheese Stick  
 Carrot, Celery & Pepper Sticks with Dip  
 Whole Grain Goldfish  
 Apple  
 Milk

**NO SCHOOL** 8  
 Parent Conferences

**Cheesy Breadsticks** 11  
 With **Marinara Sauce**  
 Green Peas  
 Honey Carrot Coins  
 Fresh Fruit and Veggie Bar  
 Milk

**Chicken Tenders with** 12  
 Sweet and Sassy Dipping Sauce  
 Or Crispy Tofu Tenders  
 Mashed Potatoes  
 Blueberry Muffin  
 Fresh Fruit and Veggie Bar  
 Milk

**BREAKFAST FOR LUNCH** 13  
 Yogurt and Fruit Parfait  
 Homemade Granola  
 Waffle Sticks with Maple Syrup  
 Harvest Home Fries  
 Fresh Fruit and Veggie Bar  
 Milk

**Baked Potato** 14  
 Cheddar Cheese Sauce  
 Baked Beans  
 Green Beans  
 Butternut Cranberry Bread  
 Fresh Fruit and Veggie Bar  
 Milk

**Beef Stew** 15  
 with **Potato and Carrot**  
 Whole Grain Buttery Biscuit  
 Corn  
 Garlicky Spinach and Swiss Chard  
 Fresh Fruit and Veggie Bar  
 Pumpkin "Pi"  
 Milk

**Turkey Bacon Cheddar or** 18  
**Roasted Veggie Wrap**  
 on **WW Tortilla**  
 Asian Coleslaw  
 Carrot Coins with Ranch Dip  
 Pretzels  
 Fresh Fruit and Veggie Bar  
 Milk

**Teriyaki Meatballs** 19  
 Brown Rice  
 Eggroll  
 Stir Fried Carrots & Green Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**PIZZA DAY** 20  
 Cheese, Pepperoni, or  
 Veggie Pizza  
 Spinach Salad  
 Fresh Fruit and Veggie Bar  
 Milk

**Chicken Cordon Blue** 21  
 (Pasta with Chicken in a  
 Creamy cheese sauce)  
 Steamed Broccoli  
 Fresh Fruit and Veggie Bar  
 Milk

**Grilled Cheese** 22  
 Tomato Soup  
 Cucumbers and Carrot Slices  
 Graham Crackers  
 Fresh Fruit and Veggie Bar  
 Milk

**Ravioli with Marinara Sauce** 25  
 Tender Asparagus  
 Peas  
 Garlic Knot  
 Fresh Fruit and Veggie Bar  
 Milk

**Nachos with** 26  
**Mexican Beef**  
 Cheese Sauce  
 Rice  
 Corn  
 Salsa and Sour Cream  
 Fresh Fruit and Veggie Bar  
 Milk

**Flatbread Pizza** 27  
**Cheese or Pepperoni**  
 Steamed Broccoli  
 Fresh Fruit and Veggie Bar  
 Milk

**General Tso's Chicken** 28  
 Brown Rice  
 Stir Fried Peppers, Carrots  
 and Green Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**NO SCHOOL** 29  
 Professional Development

**Alternative Meal**  
 A daily alternative to the main entrée  
 Bagel and Cream Cheese w/ Cheese Stick

**PRICES**  
 Breakfast - FREE  
 Paid Lunch Meal \$2.70  
 Reduced and Free Lunch - FREE  
 Milk w/o a meal - \$.65  
 Adult Breakfast \$2.50    Adult Lunch \$5.00

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
 MySchoolBucks.com