


**Monday**

This institution is an equal opportunity employer

Apply for Free/Reduced meals at any time.  
 Call 453-7002 for information and applications.

**Tuesday**

WINTER BREAK  
 Happy New Year!!

**Wednesday**

**Pizza**  
 Cheese Pizza  
 Pepperoni Pizza  
 Veggie Pizza  
 Steamed Broccoli  
 Fresh Fruit and Veggie Bar  
 Milk

**Thursday**

**Hawaiian Ham With Pineapple**  
 Roasted Butternut Squash  
 Peas  
 Baked Beans  
 Whole Grain Biscuit  
 Fresh Fruit and Veggie Bar  
 Milk

**Friday**

**Cheese Ravioli**  
 With Marinara Sauce  
 Roasted Rosemary Veggies (Potato, Beets, and Carrot)  
 Dinner Roll  
 Fresh Fruit and Veggie Bar  
 Milk

**Grilled Cheese or Grilled Ham and Cheese**  
 Tomato Tortellini Soup  
 Roasted Potato Wedges  
 Kale Salad  
 Cucumber Slices  
 Fresh Fruit and Veggie Bar  
 Milk

**Beef Burrito or Bean Burrito With Cheddar Cheese**  
 Salsa and Sour Cream  
 Corn  
 Rice  
 Fresh Fruit and Veggie Bar  
 Milk

**Chicken Curry or Tofu Curry**  
 Coconut Rice  
 Roasted Green Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**Sloppy Joe Or Sloppy Lentil Jo**  
 On a WW Bun  
 Broccoli and Cauliflower  
 Tossed Salad  
 Baked Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**Cheesy Lasagna**  
 With Meat or Veggies  
 Green Peas  
 Garlic Bread Stick  
 Fresh Fruit and Veggie Bar  
 Milk

**Macaroni and Cheese**  
 Butternut & Sweet Potato  
 Bake  
 Peas  
 Fresh Fruit and Veggie Bar  
 Milk

**Crispy Fish Sticks**  
 With Tartar Sauce  
 Corn  
 Carrot Sticks with Hummus  
 Rice  
 Fresh Fruit and Veggie Bar  
 Milk

**Turkey Roast**  
 With Gravy  
 Buttery Green Beans  
 Mashed Potatoes  
 Homemade Dinner Roll  
 Fresh Fruit and Veggie Bar  
 Milk

**Spaghetti with Meat Balls Or Marinara Sauce**  
 Steamed Broccoli  
 Garlic Bread  
 Fresh Fruit and Veggie Bar  
 Milk

**Hamburger, Cheeseburger Or Veggie Burger**  
 Baked French Fries  
 Celery and Carrot Sticks with Dip  
 Fresh Fruit and Veggie Bar  
 Milk

NO SCHOOL  
 Martin Luther King Day

NO SCHOOL  
 In-Service Day

**Chicken Tenders or Tofu Tenders**  
 With Dipping Sauce  
 Roasted Parsnip and Carrots  
 Baked Beans  
 Dinner Rolls  
 Fresh Fruit and Veggie Bar  
 Milk

**Turkey & Cheese Sandwich or Hummus and Veggie Sandwich**  
 Broccoli Cheese Soup  
 Rainbow Pepper Strips  
 Fresh Fruit and Veggie Bar  
 Milk

**Stromboli**  
 Cheese Stromboli  
 Pepperoni Stromboli  
 Caesar Salad  
 Fresh Fruit and Veggie Bar  
 Milk

**Cheesy Breadsticks**  
 With Marinara Sauce  
 Green Peas  
 Baked Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**Beef Stroganoff**  
 With Buttery Egg Noodles  
 Steamed Broccoli  
 Fresh Fruit and Veggie Bar  
 Garlic Knot  
 Milk

**Breakfast for Lunch**  
 Scrambled Eggs  
 Waffle Sticks  
 Maple Syrup  
 Sausage Link  
 Harvest Home Fries  
 Fresh Fruit and Veggie Bar - Milk

**Chicken Alfredo**  
 Roasted Carrots with Oregano  
 Buttery Biscuit  
 Fresh Fruit and Veggie Bar  
 Milk

**PRICES**  
 Breakfast - \$1.25  
 Paid Lunch Meal \$2.70  
 Reduced and Free Lunch - FREE  
 Milk w/o a meal - \$.65  
 Adult Breakfast \$2.50    Adult Lunch \$5.00

**Alternative Meal**  
 A daily alternative to the main entrée  
 M, W, F – Bagel and Cream Cheese  
 T, Th – Sunbutter and Jelly Sandwich

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
[MySchoolBucks.com](http://MySchoolBucks.com)

