


Monday
Tuesday
Wednesday
Thursday
Friday

**THIS INSTITUTION IS AN
EQUAL OPPORTUNITY**

**Apply for Free/Reduced meals at any time.
Call 453-7002 for information and applications.**

WINTER BREAK
Happy New Year!!

Pizza
Cheese Pizza
Pepperoni Pizza
Veggie Pizza
Steamed Broccoli
Fruit Selection
Milk

**Hawaiian Ham
With Pineapple**
Roasted Butternut Squash
Peas
Whole Grain Biscuit
Baked Beans
Fruit Selection
Milk

**Cheese Ravioli
With Marinara Sauce**
Roasted Rosemary Veggies
(Potato, Beets, and Carrot)
Romaine Salad
Dinner Roll
Fruit Selection
Milk

**Grilled Cheese or
Grilled Ham and Cheese**
Tomato Tortellini Soup
Roasted Potato Wedges
Kale Salad
Cucumber Slices
Fruit Selection
Milk

**Beef Burrito or Bean Burrito
With Cheddar Cheese**
Salsa and Sour Cream
Corn
Rice
Fruit Selection
Milk

Chicken Curry or Tofu Curry
Brown Rice
Roasted Green Beans
Fruit Selection
Milk

**Sloppy Joe
Or Sloppy Lentil Jo**
On a WW Bun
Broccoli and Cauliflower
Tossed Salad
Baked Beans
Fruit Selection
Milk

**Cheesy Lasagna
With Meat or Veggies**
Green Peas
Garlic Bread Stick
Fruit Selection
Milk

Macaroni and Cheese
Butternut and Sweet Potato
Bake
Peas
Fruit Selection
Milk

**Tasty Tacos
Beef or Bean Tacos**
Corn
Rice
Salsa and Sour Cream
Fruit Selection
Milk

**Roast Turkey
With Gravy**
Mashed Potato
Buttery Green Beans
Fruit Selection
Milk

**Spaghetti with Meat Balls
And Marinara Sauce**
Steamed Broccoli
Garlic Bread
Fruit Selection
Milk

**Hamburger, Cheeseburger
Or Veggie Burger**
Baked French Fries
Celery and Carrot Sticks with Dip
Fruit Selection
Milk

NO SCHOOL
Martin Luther King Day

NO SCHOOL
In-Service Day

**Chicken Tenders or
Tofu Tenders**
With Dipping Sauce
Roasted Parsnip and Carrots
Baked Beans
Dinner Rolls
Fruit Selection
Milk

**Turkey and Cheese Sandwich
or
Hummus and Veggie Sandwich**
Rainbow Pepper Strips
Fruit Selection
Milk

Stromboli
Cheese Stromboli
Pepperoni Stromboli
Caesar Salad
Fruit Selection
Milk

**Cheesy Breadsticks
With Marinara Sauce**
Green Peas
Baked Beans
Fruit Selection
Milk

**Beef Stroganoff
With Buttery Egg Noodles**
Steamed Broccoli
Fruit Selection
Garlic Knot
Milk

Breakfast for Lunch
Scrambled Eggs
Waffle Sticks
Maple Syrup
Sausage Link
Harvest Home Fries
Fruit Selection - Milk

Chicken Alfredo
Roasted Carrots with Oregano
Buttery Biscuit
Fruit Selection
Milk

PRICES
Breakfast - \$1.85
Paid Lunch Meal 2.85
Reduced and Free Lunch - FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00

Alternative Meal
A daily alternative to the main entrée
Bagel & Cream Cheese with 4 oz. Yogurt

