



Monday

This institution is an equal opportunity employer

Apply for Free/Reduced meals at any time.
 Call 453-7002 for information and applications.

Tuesday

WINTER BREAK
 Happy New Year!!

Wednesday

Pizza
 Cheese Pizza
 Pepperoni Pizza
 Veggie Pizza
 Steamed Broccoli
 Fresh Fruit and Veggie Bar
 Milk

Thursday

Hawaiian Ham With Pineapple
 Roasted Butternut Squash
 Peas
 Baked Beans
 Dinner Roll
 Fresh Fruit and Veggie Bar
 Milk

Friday

Ham and Cheese Wrap
 Tortellini Chowder
 Caesar Salad
 Cucumber Slice
 Fresh Fruit and Veggie Bar
 Milk

Grilled Cheese or Grilled Ham and Cheese
 Tomato Tortellini Soup
 Roasted Potato Wedges
 Kale Salad
 Cucumber Slices
 Fresh Fruit and Veggie Bar
 Milk

Beef Burrito or Bean Burrito With Cheddar Cheese
 Salsa and Sour Cream
 Corn
 Rice
 Fresh Fruit and Veggie Bar
 Milk

Chicken Cordon Blue
 Buttery Noodles
 Roasted Green Beans
 Homemade Roll
 Fresh Fruit and Veggie Bar
 Milk

Cheesy Lasagna With Meat or Veggies
 Green Peas
 Garlic Bread Stick
 Fresh Fruit and Veggie Bar
 Milk

Chicken Salad Wrap
 Hearty Vegetable Soup
 Whole Grain Biscuit
 Baby Carrots
 Fresh Fruit and Veggie Bar
 Milk

Macaroni and Cheese
 Apple and Sweet Potato
 Bake
 Peas
 Honey Oat Roll
 Fresh Fruit and Veggie Bar
 Milk

Crispy Fish Sticks With Tartar Sauce
 Corn
 Carrot Sticks and Hummus
 Rice
 Fresh Fruit and Veggie Bar
 Milk

Turkey Roast With Gravy
 Whole Grain Dinner Roll
 Green Beans
 Fresh Fruit and Veggie Bar
 Milk

Spaghetti with Meat Balls Or Marinara Sauce
 Steamed Broccoli
 Garlic Bread
 Fresh Fruit and Veggie Bar
 Milk

Ham and Cheese Grinder
 Corn Chowder
 Celery and Carrot Sticks with Dip
 Fresh Fruit and Veggie Bar
 Milk

NO SCHOOL
 Martin Luther King Day

NO SCHOOL
 In-Service Day

Stromboli
 Cheese Stromboli
 Pepperoni Stromboli
 Caesar Salad
 Fresh Fruit and Veggie Bar
 Milk

Chicken Tenders or Tofu Tenders
 With Dipping Sauce
 Roasted Parsnip and Carrots
 Baked Beans
 Dinner Rolls
 Fresh Fruit and Veggie Bar
 Milk

Turkey & Cheese Sandwich or Hummus & Veggie Sandwich
 Sausage and Kale Soup
 Rainbow Pepper Strips
 Fresh Fruit and Veggie Bar
 Milk

Cheesy Breadsticks With Marinara Sauce
 Green Peas
 Baked Beans
 Fresh Fruit and Veggie Bar
 Milk

Beef Stew
 With Buttery Egg Noodles
 Steamed Broccoli
 Whole Grain Biscuit
 Fresh Fruit and Veggie Bar
 Garlic Knot
 Milk

Breakfast for Lunch
 Yogurt Parfait
 Waffle Sticks
 Maple Syrup
 Sausage Link
 Harvest Home Fries
 Fresh Fruit and Veggie Bar - Milk

Chicken Alfredo
 Roasted Carrots with Oregano
 Buttery Biscuit
 Fresh Fruit and Veggie Bar
 Milk

PRICES
 Breakfast - \$FREE
 Paid Lunch Meal \$2.70
 Reduced and Free Lunch - FREE
 Milk w/o a meal - \$.65
 Adult Breakfast \$2.50 Adult Lunch \$5.00

Alternative Meal
 A daily alternative to the main entrée
 Sunbutter and Jelly Sandwich

MY SCHOOL BUCKS **PAY FOR MEALS ONLINE**
MySchoolBucks.com

