



### Monday

This institution is an equal opportunity employer

Apply for Free/Reduced meals at any time.  
Call 453-7002 for information and applications.

### Tuesday

WINTER BREAK  
Happy New Year!!

### Wednesday

**Cheese Ravioli With Marinara Sauce**  
Roasted Rosemary Veggies (Potato, Beets, and Carrot)  
Dinner Roll  
Fresh Fruit and Veggie Bar  
Milk

### Thursday

**Hawaiian Ham With Pineapple**  
Roasted Butternut Squash  
Peas  
Whole Grain Biscuit  
Baked Beans  
Fresh Fruit and Veggie Bar  
Milk

### Friday

**Pizza**  
Cheese Pizza  
Pepperoni Pizza  
Veggie Pizza  
Steamed Broccoli  
Fresh Fruit and Veggie Bar  
Milk

**Grilled Cheese or Grilled Ham and Cheese**  
Tomato Tortellini Soup  
Roasted Potato Wedges  
Kale Salad  
Cucumber Slices  
Fresh Fruit and Veggie Bar  
Milk

**Beef Burrito or Bean Burrito**  
With Cheddar Cheese  
Salsa and Sour Cream  
Corn  
Rice  
Fresh Fruit and Veggie Bar  
Milk

Chicken Curry or Tofu Curry  
Brown Rice  
Roasted Green Beans  
Fresh Fruit and Veggie Bar  
Milk

**Sloppy Joe Or Sloppy Lentil Jo**  
On a WW Bun  
Broccoli and Cauliflower  
Tossed Salad  
Baked Beans  
Fresh Fruit and Veggie Bar  
Milk

**Cheesy Lasagna With Meat or Veggies**  
Green Peas  
Garlic Bread Stick  
Fresh Fruit and Veggie Bar  
Milk

**Macaroni and Cheese**  
Butternut and Sweet Potato  
Bake  
Peas  
Fresh Fruit and Veggie Bar  
Milk

**Crispy Fish Sticks**  
With Tartar Sauce  
Corn  
Rice  
Fresh Fruit and Veggie Bar  
Milk

**Roast Turkey With Gravy**  
Mashed Potato  
Buttery Green Beans  
Dinner Roll  
Fresh Fruit and Veggie Bar  
Milk

**Spaghetti with Meat Balls Or Marinara Sauce**  
Steamed Broccoli  
Garlic Bread  
Fresh Fruit and Veggie Bar  
Milk

**Hamburger, Cheeseburger Or Veggie Burger**  
Baked French Fries  
Celery and Carrot Sticks with Dip  
Fresh Fruit and Veggie Bar  
Milk

NO SCHOOL  
Martin Luther King Day

NO SCHOOL  
In-Service Day

**Chicken Tenders or Tofu Tenders**  
With Dipping Sauce  
Roasted Parsnip and Carrots  
Baked Beans  
Dinner Rolls  
Fresh Fruit and Veggie Bar  
Milk

**Turkey & Cheese Sandwich or Hummus & Veggie Sandwich**  
Rainbow Pepper Strips  
Fresh Fruit and Veggie Bar  
Milk

**Stromboli**  
Cheese Stromboli  
Pepperoni Stromboli  
Caesar Salad  
Fresh Fruit and Veggie Bar  
Milk

**Cheesy Breadsticks**  
With Marinara Sauce  
Green Peas  
Baked Beans  
Fresh Fruit and Veggie Bar  
Milk

**Beef Stroganoff**  
With Buttery Egg Noodles  
Steamed Broccoli  
Fresh Fruit and Veggie Bar  
Garlic Knot  
Milk

**Breakfast for Lunch**  
Scrambled Eggs  
Waffle Sticks  
Maple Syrup  
Sausage Link  
Harvest Home Fries  
Fresh Fruit and Veggie Bar - Milk

**Chicken Alfredo**  
Roasted Carrots with Oregano  
Buttery Biscuit  
Fresh Fruit and Veggie Bar  
Milk

### Alternative Meal

A daily alternative to the main entrée  
M, W, F – Bagel and Cream Cheese w/ 4 oz. Yogurt  
T, Th – Peanut Butter & Jelly Sandwich

**PRICES**  
Breakfast - \$1.25  
Paid Lunch Meal \$2.70  
Reduced and Free Lunch – FREE  
Milk w/o a meal - \$.65  
Adult Breakfast \$2.50    Adult Lunch \$5.00

**MY SCHOOL BUCKS** PAY FOR MEALS ONLINE  
MySchoolBucks.com

