


Monday
Tuesday
Wednesday
Thursday
Friday

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

**Apply for Free/Reduced meals at any time.
Call 453-7002 for information and applications.**

WINTER BREAK
Happy New Year!!

Pizza
Cheese Pizza
Pepperoni Pizza
Veggie Pizza
Steamed Broccoli
Fruit Selection
Milk

Hawaiian Ham With Pineapple
Roasted Butternut Squash
Peas
Whole Grain Biscuit
Baked Beans
Fruit Selection
Milk

Cheese Ravioli
With Marinara Sauce
Roasted Rosemary Veggies
(Potato, Beets, and Carrot)
Romaine Salad
Dinner Roll
Fruit Selection
Milk

Grilled Cheese or Grilled Ham and Cheese
Tomato Tortellini Soup
Roasted Potato Wedges
Kale Salad
Cucumber Slices
Fruit Selection
Milk

Beef Burrito or Bean Burrito With Cheddar Cheese
Salsa and Sour Cream
Corn
Rice
Fruit Selection
Milk

Chicken Curry or Tofu Curry
Brown Rice
Roasted Green Beans
Fruit Selection
Milk

Sloppy Joe Or Sloppy Lentil Jo
On a WW Bun
Broccoli and Cauliflower
Tossed Salad
Baked Beans
Fruit Selection
Milk

Cheesy Lasagna
With Meat or Veggies
Green Peas
Garlic Bread Stick
Fruit Selection
Milk

Macaroni and Cheese
Butternut and Sweet Potato
Bake
Peas
Fruit Selection
Milk

Tasty Tacos
Beef or Bean Tacos
Corn
Rice
Salsa and Sour Cream
Fruit Selection
Milk

Roast Turkey With Gravy
Mashed Potato
Buttery Green Beans
Fruit Selection
Milk

Spaghetti with Meat Balls Or Marinara Sauce
Steamed Broccoli
Garlic Bread
Fruit Selection
Milk

Hamburger, Cheeseburger Or Veggie Burger
Baked French Fries
Celery and Carrot Sticks with Dip
Fruit Selection
Milk

NO SCHOOL
Martin Luther King Day

NO SCHOOL
In-Service Day

Chicken Tenders or Tofu Tenders
With Dipping Sauce
Roasted Parsnip and Carrots
Baked Beans
Dinner Rolls
Fruit Selection
Milk

Turkey and Cheese Sandwich or Hummus and Veggie Sandwich
Rainbow Pepper Strips
Fruit Selection
Milk

Stromboli
Cheese Stromboli
Pepperoni Stromboli
Caesar Salad
Fruit Selection
Milk

Cheesy Breadsticks
With Marinara Sauce
Green Peas
Baked Beans
Fruit Selection
Milk

Beef Stroganoff With Buttery Egg Noodles
Steamed Broccoli
Fruit Selection
Garlic Knot
Milk

Breakfast for Lunch
Scrambled Eggs
Waffle Sticks
Maple Syrup
Sausage Link
Harvest Home Fries
Fruit Selection - Milk

Chicken Alfredo
Roasted Carrots with Oregano
Buttery Biscuit
Fruit Selection
Milk

PRICES
Breakfast - \$1.85
Paid Lunch Meal 2.85
Reduced and Free Lunch - FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00

Alternative Meal
A daily alternative to the main entrée
Bagel and Cream Cheese w/ 4 oz. Yogurt or Cheese Stick

