

### Monday

**Macaroni and Cheese** **3**  
 Butternut & Sweet  
 Potato Bake  
 Peas  
 Dinner Roll  
 Fresh Fruit and Veggie Bar  
 Milk

**General Tso's Chicken** **10**  
 Stir Fried Vegetables  
 Rice  
 Veggie Eggroll  
 Fortune Cookie  
 Fresh Fruit and Veggie Bar  
 Milk

**Cheesy Breadsticks** **17**  
**With Marinara Sauce**  
 Green Peas  
 Mediterranean Bean Salad  
 Fresh Fruit and Veggie Bar  
 Milk

**24**  
 WINTER BREAK

**31**  
 WINTER BREAK

### Tuesday

**BBQ Chicken** **4**  
**On a Whole Grain Bun**  
 Corn  
 Fresh Fruit and Veggie Bar  
 Milk

**Hearty Chili Bowl** **11**  
**Meaty or Veggie**  
 With Cheddar Cheese  
 Sweet Potato Half  
 Sour Cream  
 Whole Grain Bread Stick  
 Fresh Fruit and Veggie Bar  
 Milk

**Beef Stroganoff** **18**  
**Or**  
**Tofu Stroganoff**  
 With Buttery Egg Noodles  
 Steamed Broccoli  
 Fresh Fruit and Veggie Bar  
 Milk

**25**  
 WINTER BREAK

### Wednesday

**Chicken & Biscuits** **5**  
**With seasonal veggies**  
 Buttery Green Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**PIZZA DAY** **12**  
 Cheese Pizza  
 Pepperoni Pizza  
 Veggie Pizza  
 Caesar Salad with Kale  
 Fresh Fruit and Veggie Bar  
 Milk

**Breakfast for Lunch** **19**  
**Scrambled Eggs**  
 French Toast  
 Sausage Link  
 Maple Syrup  
 Harvest Home Fries  
 Fresh Fruit and Veggie Bar  
 Milk

**26**  
 WINTER BREAK

### Thursday

**EARLY RELEASE DAY** **6**  
**Turkey and Cheese Sandwich**  
 On Whole Grain Bread  
 Cucumber & Carrots with Dip  
 SunChips  
 Orange Smiles  
 Milk

**Chicken Tenders or** **13**  
**Tofu Tenders with**  
**Dipping Sauce**  
 Roasted Parsnips  
 Baked Beans  
 Whole Grains Dinner Roll  
 Fresh Fruit and Veggie Bar  
 Milk

**HOLIDAY DINNER** **20**  
**Tender Roast Pork**  
 Mashed Potato and Gravy  
 Steamed Carrots  
 Homemade Roll  
 Holiday Treat  
 Milk

**27**  
 WINTER BREAK

### Friday

**Hamburger, Cheeseburger** **7**  
**Or Veggie Burger**  
 Baked French Fries  
 Celery and Carrot Sticks  
 With Ranch Dip  
 Fresh Fruit and Veggie Bar  
 Milk

**Tuna Boat** **14**  
**Or**  
**Hummus and Veggie**  
 On WW Hot Dog Bun  
 Broccoli Cheese Soup  
 Rainbow Pepper Strips  
 Fresh Fruit and Veggie Bar  
 Milk

**Egg Salad Sandwich** **21**  
 Chicken Noodle Soup  
 Green Beans  
 Fresh Fruit and Veggie Bar  
 Milk

**28**  
 WINTER BREAK

**MY SCHOOL BUCKS** **PAY FOR MEALS ONLINE**  
[MySchoolBucks.com](http://MySchoolBucks.com)

**Alternative Meal**  
*A daily alternative to the main entrée*  
 M, W, F – Bagel and Cream Cheese w/ Cheese Stick  
 T, Th – Sunbutter & Jelly Sandwich

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER**

**PRICES**  
 Breakfast - FREE  
 Paid Lunch Meal \$2.70  
 Reduced and Free Lunch – FREE  
 Milk w/o a meal - \$.65  
 Adult Breakfast \$2.50    Adult Lunch \$5.00

