

Monday

Macaroni and Cheese **3**
 Butternut & Sweet
 Potato Bake
 Peas
 Dinner Roll
 Fruit Selection
 Milk

Cheese Quesadillas **10**
 Roasted
 Green Beans & Carrots
 Rice
 Salsa and Sour Cream
 Fruit Selection
 Milk

Cheesy Breadsticks **17**
 With Marinara Sauce
 Green Peas
 Mediterranean Bean Salad
 Fruit Selection
 Milk

24
 WINTER BREAK

31
 WINTER BREAK

Tuesday

Tasty Tacos **4**
 Chicken or Bean Tacos
 With Cheese
 Shredded Lettuce, Salsa,
 Sour Cream
 Rice and Corn
 Fruit Selection
 Milk

PIZZA DAY **11**
 Cheese Pizza
 Pepperoni Pizza
 Veggie Pizza
 Special Pizza
 Caesar Salad with Kale
 Fruit Selection
 Milk

Beef Stroganoff **18**
 With Buttery Egg Noodles
 Steamed Broccoli
 Fruit Selection
 Milk

25
 WINTER BREAK

Wednesday

Chicken & Biscuits **5**
 With seasonal veggies
 Buttery Green Beans
 Fruit Selection
 Milk

Hearty Chili Bowl **12**
Meaty or Veggie
 With Cheddar Cheese
 Sweet Potato Half
 Sour Cream
 Whole Grain Bread Stick
 Fruit Selection
 Milk

Breakfast for Lunch **19**
 Scrambled Eggs
 French Toast
 Sausage Link
 Maple Syrup
 Harvest Home Fries
 Fruit Selection
 Milk

26
 WINTER BREAK

Thursday

EARLY RELEASE DAY **6**
 Turkey & Cheese Sandwich
 On Whole Grain Bread
 Cucumber and Carrot with Dip
 Sun Chips
 Apple
 Milk

HOLIDAY MEAL **13**
 Roast Turkey
 Stuffing
 Mashed Potato --- Peas
 Cranberry Sauce
 Whole Grain Dinner Roll
 Pumpkin Pie
 Milk

Chicken Tetrazzini **20**
 Roasted Carrots
 With Oregano
 Whole Grain Breadstick
 Fruit Selection
 Milk

27
 WINTER BREAK

Friday

Hamburger, Cheeseburger **7**
Or Veggie Burger
 Baked French Fries
 Celery and Carrot Sticks
 With Ranch Dip
 Fruit Selection
 Milk

Whole Grain Rotini **14**
Cheese Sauce
 Steamed Broccoli
 Garlic Knot
 Fruit Selection
 Milk

Baked Potato Bar **21**
Bacon, Broccoli
 Cheddar Cheese Sauce
 Green Beans
 Butternut Cranberry Bread
 Fruit Selection
 Milk

28
 WINTER BREAK



PRICES
 Breakfast - \$1.85
 Paid Lunch Meal \$2.85
 Reduced and Free Lunch - FREE
 Milk w/o a meal - \$.65
 Adult Breakfast \$2.50 Adult Lunch \$5.00

Alternative Meal
A daily alternative to the main entrée
 Bagel and Cream Cheese with Cheese Stick

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

