

Monday	Tuesday	Wednesday	Thursday	Friday
Macaroni and Cheese 3 Butternut & Sweet Potato Bake Peas Dinner Roll Fruit Selection Milk	Tasty Tacos 4 Chicken or Bean Tacos With Cheese Shredded Lettuce, Salsa, Sour Cream Rice and Corn Fruit Selection Milk	Chicken & Biscuits 5 With seasonal veggies Buttery Green Beans Fruit Selection Milk	EARLY RELEASE DAY 6 Turkey and Cheese Sandwich on Whole Grain Bread Cucumber & Carrots with Dip Sun Chips Apple Milk	Hamburger, Cheeseburger Or Veggie Burger 7 Baked French Fries Celery and Carrot Sticks With Ranch Dip Fruit Selection Milk
Cheese Quesadillas 10 Roasted Green Beans & Carrots Rice Salsa and Sour Cream Fruit Selection Milk	Hearty Chili Bowl 11 Meaty or Veggie With Cheddar Cheese Sweet Potato Half Whole Grain Bread Stick Fruit Selection Milk	PIZZA DAY 12 Cheese Pizza Pepperoni Pizza Veggie Pizza Special Pizza Caesar Salad with Kale Fruit Selection Milk	HOLIDAY MEAL 13 Roast Pork with Gravy Or Sauteed Tofu Tenders Roasted Root Veggies Mashed Potatoes Garlic and Herb Focaccia Fruit Selection Milk	Whole Grain Rotini 14 Cheese Sauce Steamed Broccoli Garlic Bread Fruit Selection Milk
Cheesy Breadsticks 17 With Marinara Sauce Green Peas Mediterranean Bean Salad Fruit Selection Milk	Beef Stroganoff Or Tofu Stroganoff 18 With Buttery Egg Noodles Steamed Broccoli Fruit Selection Milk	Breakfast for Lunch 19 Scrambled Eggs French Toast Sausage Link Maple Syrup Harvest Home Fries Fruit Selection Milk	Chicken Tetrazini 20 Roasted Carrots With Oregano Whole Grain Breadstick Fruit Selection Milk	Baked Potato Bar 21 Bacon, Broccoli Cheddar Cheese Sauce Green Beans Butternut Cranberry Bread Fruit Selection Milk
24 WINTER BREAK	25 WINTER BREAK	26 WINTER BREAK	27 WINTER BREAK	28 WINTER BREAK
31 WINTER BREAK				

PRICES
 Breakfast - \$1.85
 Paid Lunch Meal \$2.85
 Reduced and Free Lunch - FREE
 Milk w/o a meal - \$.65
 Adult Breakfast \$2.50 Adult Lunch \$5.00

Alternative Meal
 A daily alternative to the main entrée
 Bagel & Cream Cheese with 4 oz. Yogurt

THIS INSTITUTION IS AN EQUAL OPPORTUNITY EMPLOYER

