



Bristol Elementary School Bright Mornings Breakfast Menu



<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>
Cinnamon Glazed French Toast Sticks Or Banana Bread Square Applesauce Milk	Bagel with Cream Cheese and Jelly Or WG Pretzel with Cinnamon Fresh Fruit Milk	Egg Sandwich Ham, Egg & Cheese on English Muffin Fresh Fruit Milk	4 oz. Yogurt with Homemade Granola Or Breakfast Round Fresh Fruit Milk	Homemade Muffin Or Boiled Egg and WG Toast Fresh Fruit Milk

Whole grain cold cereal offered every day.

**A healthy school breakfast will always include a fresh fruit along with the grain item,
protein (when offered) and a milk.**

This institution is an equal opportunity provider.