

BREAKFAST MENU

JUNE 2018 Vergennes Elementary School

Lisa Sprague, Manager
Tricia Comeau and Lissa Gebo, Assistants

Monday

Tuesday

Wednesday

Thursday

Friday

PRICES
Paid Breakfast - \$1.85
Paid Lunch \$2.85
Reduced Breakfast and Lunch - FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00

4 oz. Yogurt
Or
Hard Boiled Egg

Homemade Granola
Whole Grain Hot or Cold Cereal
Fruit Selection
Milk

4

SYRUP DAY

Whole Grain Waffles or
French Toast Sticks
w/ Vermont Maple Syrup
Cheese Stick
Whole Grain Cereal
Fruit Selection
Milk

5

FAMILY BREAKFAST

*Roll or Walk to School
Parents invited to join students for a smart start to
everyone's day!*
**Breakfast Sandwich on English Muffin
(Egg, sausage, cheese)
Whole Grain Cereal --- 4 oz. Yogurt
Fruit Selection
Milk**

6

BAKED DAY

Apple Filled Bread Stick
4 oz. Yogurt
Whole Grain Cereal
Cheese Stick
Fruit Selection Milk

7

BAGEL DAY

Assorted Whole Grain Bagels
w/ Cream Cheese or
Peanut Butter
4 oz. Yogurt
Whole Grain Cereal
Fruit Selection
Milk

8

4 oz. Yogurt
Or
Hard Boiled Egg

Homemade Granola
Whole Grain Hot or Cold Cereal
Fruit Selection
Milk

11

SYRUP DAY

Whole Grain Waffles or
French Toast Sticks
w/ Vermont Maple Syrup
Cheese Stick
Whole Grain Cereal
Fruit Selection
Milk

12

EGG DAY

Scrambled Eggs
Sausage Links
Home Fries
Cinnamon Toast
Fruit Selection
Milk

13

BAKED DAY

Whole Grain Biscuit
w/ sliced Strawberries
Whole Grain Cereal
Cheese Stick
Fruit Selection
Milk

14

BAGEL DAY

Assorted Whole Grain Bagels
w/ Cream Cheese or
Peanut Butter
4 oz. Yogurt
Whole Grain Cereal
Fruit Selection
Milk

15

18

19

20

21

22

Free SUMMER MEALS

START TODAY

Ages 18 and under
Many locations in
Addison County
See attached Flyer and join us for
lunch this summer!

25

26

27

28

29

Healthy ***HAPPY SUMMER***Active

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.



This institution is an equal opportunity provider.