

Adult Breakfast \$2.50

MAY 2018

Monkton Central School

Wednesday

Monday

PRICES Paid Breakfast -\$1,25 Paid Lunch \$2.50 Reduced Breakfast and Lunch - FREE Milk w/o a meal - \$.65

Adult Lunch \$5.00

Chicken Tettrazini (Chicken and Pasta in a Creamy Sauce)

Peas Dinner Roll Fresh Fruit and Veggie Bar Milk

14

Rotini with Meat Sauce Or Cheese Sauce

Steamed Cauliflower and Broccoli Garlic Bread Fresh Fruit and Veggie Bar

Macaroni and Cheese

21 **Butternut Squash** Dinner Roll Peas Fresh Fruit and Veggie Bar Milk

NO SCHOOL MEMORIAL DAY

28

Tuesday

Beef Burrito with Cheese

Bean Burrito with Cheese Corn Rice

Salsa and Sour Cream Fresh Fruit and Veggie Bar

Stromboli Pepperoni or Cheese

Broccoli Salad Corn Milk

w/ Marinara Sauce

Fresh Fruit and Veggie Bar

TACO DAY

Mexican Chicken

Soft Taco with Cheese

Lettuce and Tomato

Lime Cumin Cole Slaw

Sour Cream & Salsa

Brown Rice

Fresh Fruit and Veggie Bar

PIZZA DAY Cheese, Pepperoni or Veggie Pizza

Caesar Salad Steamed Broccoli Fresh Fruit and Veggie Bar Milk

Shepherds's Pie

Green Beans Fresh Fruit and Veggie Bar Milk

With Mashed Potato

Early Release Day Turkey & Cheese Sandwich

On WW Bun w/ lettuce Or Cheese and Veggie Sandwich Baby Carrots with Ranch Dip Homemade WW Sugar Cookie Milk

PIZZA Day

Chicken Teriyaki or Tofu Terivaki

15

Milk

Coconut Rice Egg Roll Sliced Cucumber Salad Fresh Fruit and Veggie Bar

Cheesy Breadsticks With Marinara Sauce

Carrot Souffle Buttery Corn Fresh Fruit and Veggie Bar Milk

Pepperoni, Cheese or Veggie

Caesar Salad Fresh Fruit and Veggie Bar Milk

Breakfast for Lunch Scrambled Eggs

French Toast Sticks Homemade Hash Browns Broccoli Fresh Fruit and Veggie Bar

Milk

Thursday

Hearty Homemade Chicken and Biscuits **Butternut Squash**

Roasted Green Beans Fresh Fruit and Veggie Bar

Sloppy Joe on WW BUN

Sweet Potato Half With Butter Roasted Green Beans Fresh Fruit and Veggie Bar Milk

Meatball Sub Sandwich With Mozzarella

on WW Roll Tossed Green Salad Roasted Potato Wedges Fresh Fruit and Veggie Bar

Meaty Lasagna or Veggie Lasagna

Roasted Zucchini Garlic Bread Fresh Fruit and Veggie Bar Milk

Baked Potato Hearty Chili With Cheese

31

Cornbread Kale Salad Fresh Fruit and Veggie Bar Milk

Friday

Broccoli Cheese Soup Turkey, Bacon, Cheddar Wrap or Veggie Wrap

Cucumber Sticks with Dip Fresh Fruit and Veggie Bar Pretzels Milk

Crispy Chicken Tenders Or Crispy Tofu

Mashed Potatoes Roasted Baby Carrot **Baked Beans** Cornbread Fresh Fruit and Veggie Bar

Grilled Cheese or

Grilled Ham and Cheese Tomato Tortellini Soup Cucumber Sticks Ranch Dip Fresh Fruit and Veggie Bar

Cheesy Quesadillas

25 Salsa and Sour Cream Corn Black Bean Salad Brown Rice Fresh Fruit and Veggie Bar

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.

This institution is an equal opportunity provider.

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PAY FOR MEALS ONLINE