

MARCH 2018

Monkton Munch Lion Café

(FIND this MONTH's Superhero Vegetables)

Monday
Tuesday
Wednesday
Thursday
Friday

PRICES
 Paid Breakfast - \$1.25
 Paid Lunch \$2.50
 Reduced Breakfast and Lunch - FREE
 Milk w/o a meal - \$.65
 Adult Breakfast \$2.50 Adult Lunch \$5.00

Sloppy Joe on WW Bun **1**
Batastic Peas
 Potato Wedges
 Fresh Fruit and Veggie Bar
 Milk

Cheese Quesadillas **2**
 Corn Salsa
 Seasoned Beans
 Mexican Rice
 Fresh Fruit and Veggie Bar
 Milk

MARCH 5-9 National School Breakfast Week – START YOUR DAY SMART with SCHOOL BREAKFAST – New Items and Taste Tests All Week

WG Rotini **5**
With Marinara Sauce
 Or Cheese Sauce
 Cottage Cheese
Green Hornet Green Beans
 Garlic Bread
 Fresh Fruit and Veggie Bar
 Milk

Chicken Tenders **6**
 With BBQ dipping Sauce
 Tossed Green Salad
 Cornbread
 Baked Beans
 Fresh Fruit and Veggie Bar
 Milk

Cheesy Breadsticks **7**
 With Marinara
 Roasted Sweet Potatoes
 Broccoli with Lemon
 Fresh Fruit and Veggie Bar
 Milk

Chicken Teriyaki **8**
 Fried Rice
 Stir Fried Cabbage and Carrot
 Egg Roll
 Fresh Fruit and Veggie Bar
 Milk

NO SCHOOL **9**
 Parent Conferences

Baked Macaroni & Cheese **12**
 w/ VT Cabot Cheese
Kryptonite Carrots
 Buttery Green Beans
 Dinner Roll
 Fresh Fruit and Veggie Bar
 Milk

Mexican Beef & Cheese or **13**
 Bean & Cheese
BURRITOS
 Rice
 Corn
 Salsa & Sour Cream
 Fresh Fruit and Veggie Bar
 Milk

PIZZA DAY **14**
 Pepperoni
 Cheese
 Ham & Pineapple
 Caesar Salad
 Black Bean and Corn Salad
 Fresh Fruit and Veggie Bar
 Milk

Pulled Pork on a WW Bun **15**
 Creamy Coleslaw
Batman Baked Beans
 Fresh Fruit and Veggie Bar
 Milk

Turkey Bacon Cheddar **16**
 Wrap
 Or Roasted Veggie & Cheddar Wrap
 Vegetable Rice Soup
 Broccoli Salad
 Fresh Fruit and Veggie Bar
 Milk

Chicken Tetrzini **19**
Gallactus Glazed Baby Carrots
 Steamed Broccoli
 Cornbread
 Fresh Fruit and Veggie Bar
 Milk

Shepherd's Pie **20**
 With
 Mashed Potatoes
 Green Beans
 WW Dinner Roll
 Fresh Fruit and Veggie Bar
 Milk

Meatball Sub **21**
 On WW Roll
 With Mozzarella Cheese
 Tossed Green Salad
 Fresh Fruit and Veggie Bar
 Milk

Grilled Cheese **22**
 Variety
 Tomato Tortellini Soup
Mt. Fantastic Parsnip Chips
 Fresh Fruit and Veggie Bar
 Milk

Baked Potato Bar **23**
 Broccoli, Cheese and Ham
 WW Blueberry Muffin
Rocket Raccoon Baked Beans
 Fresh Fruit and Veggie Bar
 Milk

Chicken and Biscuits **26**
Magneto Steamed Broccoli
 Fresh Fruit and Veggie Bar
 Milk

Breakfast For Lunch **27**
 Scrambled Eggs
 Sausage Links
 Waffle Sticks
 with Maple Syrup
 Roasted Roots
 Fresh Fruit and Veggie Bar
 Milk

PIZZA DAY **28**
 Pepperoni
 Cheese
 Veggie
 Caesar Salad
 Italian Pasta Salad
 Fresh Fruit and Veggie Bar
 Milk

Early Release Day **29**
 Turkey Sandwich
 on WW Bread
X-Ray Vision Baby Carrots
 and Celery Sticks
 Ranch Dip
 Animal Crackers
 Fresh Fruit and Veggie Bar
 Milk

No SCHOOL **30**
 In- Service Day

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.


PAY FOR MEALS ONLINE

This institution is an equal opportunity provider.

