

Monday

NO SCHOOL
HAPPY NEW
YEAR

1
Tuesday

**Spaghetti with
Cheese Sauce or
Marinara Sauce**
Cottage Cheese
Tender Sweet Peas
Garlic Bread
Fruit Selection
Milk

2
Wednesday

PIZZA DAY
Pepperoni, Cheese, Veggie
Caesar Salad
Steamed Broccoli
Fruit Selection
Milk

3
Thursday

**Baked Potato
Hearty Beef Chili**
Corn Bread
Spinach Salad w/ Oranges
Oatmeal Raisin Cookie
Fruit Selection
Milk

4
Friday

**Chicken Tenders
BBQ Sauce**
Brown Rice Pilaf
Roasted Sweet Potato
Baked Beans
Fruit Selection
Milk

5

**Whole Grain Ravioli
Marinara Sauce**
Cottage Cheese
Garlicky Greens
Focaccia Bread
Fruit Selection
Milk

8

**Homemade Shepherd's Pie
Or Lentils and Spinach**
With Mashed Potatoes
Green Beans
Oatmeal Muffin
Fruit Selection
Milk

9

**Misty Knoll
Chicken Drumstick**
Roasted Carrots
Mediterranean Bean Salad
Whole Grain Dinner Roll
Fruit Selection
Milk

10

**Golden Grilled Cheese
Sandwich**
Carrot, Cabbage and Apple Slaw
Tomato Soup
Fruit Selection
Milk

11

**Mexican Beef or Bean
BURRITOS**
Brown Rice
Corn
Salsa and Sour Cream
Fruit Selection
Milk

12

NO SCHOOL
Martin Luther King Day

15

TACO TUESDAY
**Mexican Beef Tacos
Or Bean Tacos**
Brown Rice
Corn
Salsa, Lettuce, Cheese
Fruit Selection
Milk

16

PIZZA
Pepperoni, Cheese, Veggie
Caesar Salad
Steamed Broccoli
Fruit Selection
Milk

17

BRUNCH FOR LUNCH
Yogurt and Fruit Parfait
Roasted Sweet Potato Wedges
Waffle Sticks
Maple Syrup
Steamed Broccoli
Fruit Selection
Milk

18

**Turkey, Bacon, Cheese
Wrap**
Broccoli Cheese Soup
Roasted Red Potatoes
Green Salad
Fruit Selection
Milk

19

NO SCHOOL
In- Service

22

**Cheesy Breadsticks
With Marinara Sauce**
Honey Glazed Carrots
Edamame Beans
Fruit Selection
Milk

23

Chicken Curry
WG Coconut Rice
Steamed Broccoli
Roasted Potatoes
Fruit Selection
Milk

24

**Baked Ham Slice
w/ Pineapple**
Mashed Potatoes
Honey Oat Roll
French Cut Green Beans
Milk

25

**Turkey and Cheese
Melt on WG Flatbread**
Sliced Cucumber Salad
Tomato Macaroni Soup
Fruit Selection
Milk

26

Macaroni and Cheese
Sweet Potato and Apple Bake
Peas
Fruit Selection
Milk

29

**Meatball Subs on WW Bun
With Mozzarella**
Tossed Garden Salad
Fruit Selection
Milk

30

PIZZA
Pepperoni, Cheese, Veggie
Caesar Salad
Steamed Broccoli
Fruit Selection
Milk

31

PRICES
Paid Breakfast - \$1.85
Paid Lunch \$2.85
Reduced Breakfast and Lunch - FREE
Milk w/o a meal - \$.65
Adult Breakfast \$2.50 Adult Lunch \$5.00

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.



This institution is an equal opportunity provider.