

Monday

NO SCHOOL
 HAPPY NEW YEAR

1
Tuesday

Spaghetti with Cheese Sauce or Marinara Sauce
 Cottage Cheese
 Tender Sweet Peas
 Garlic Bread
 Fruit Selection
 Milk

2
Wednesday

PIZZA DAY
Pepperoni, Cheese, Veggie
 Caesar Salad
 Steamed Broccoli
 Fruit Selection
 Milk

3
Thursday

Baked Potato Hearty Beef Chili
 Corn Bread
 Spinach Salad w/ Oranges
 Oatmeal Raisin Cookie
 Fruit Selection
 Milk

4
Friday

Chicken Tenders BBQ Sauce
 Brown Rice Pilaf
 Roasted Sweet Potato
 Baked Beans
 Fruit Selection
 Milk

5

Whole Grain Ravioli Marinara Sauce
 Cottage Cheese
 Garlicky Greens
 Garlic Bread
 Fruit Selection
 Milk

8

Golden Grilled Cheese Sandwich
 Carrot, Cabbage and Apple Slaw
 Tomato Soup
 Fruit Selection
 Milk

9

Misty Knoll Chicken Drumstick
 Roasted Carrots
 Mediterranean Bean Salad
 Whole Grain Dinner Roll
 Fruit Selection
 Milk

10

Homemade Shepherd's Pie Or Lentils and Spinach
 With Mashed Potatoes
 Green Beans
 Oatmeal Muffin
 Fruit Selection
 Milk

11

Mexican Beef or Bean BURRITOS
 Brown Rice
 Corn
 Salsa and Sour Cream
 Fruit Selection
 Milk

12

NO SCHOOL
 Martin Luther King Day

15

TACO TUESDAY
Mexican Beef Tacos Or Bean Tacos
 Brown Rice
 Corn
 Salsa, Lettuce, Cheese
 Fruit Selection
 Milk

16

PIZZA
Pepperoni, Cheese, Veggie
 Caesar Salad
 Roasted Green Beans
 Fruit Selection
 Milk

17

BRUNCH FOR LUNCH
Yogurt and Fruit Parfait
 Roasted Sweet Potato Wedges
 Waffle Sticks
 Maple Syrup
 Steamed Broccoli
 Fruit Selection
 Milk

18

Turkey, Bacon, Cheese Wrap
 Broccoli Cheese Soup
 Roasted Red Potatoes
 Green Salad
 Fruit Selection
 Milk

19

NO SCHOOL
 In- Service

22

Cheesy Breadsticks With Marinara Sauce
 Honey Glazed Carrots
 Edamame Beans
 Fruit Selection
 Milk

23

Chicken Curry
 WG Coconut Rice
 Steamed Broccoli
 Roasted Potatoes
 Fruit Selection
 Milk

24

Baked Ham Slice w/ Pineapple
 Mashed Potatoes
 Honey Oat Roll
 French Cut Green Beans
 Milk

25

Turkey and Cheese Melt on WG Flatbread
 Sliced Cucumber Salad
 Tomato Tortellini Soup
 Fruit Selection
 Milk

26

Macaroni and Cheese
 Sweet Potato and Apple Bake
 Peas
 Fruit Selection
 Milk

29

Meatball Subs on WW Bun With Mozzarella
 Tossed Garden Salad
 Fruit Selection
 Milk

30

PIZZA
Pepperoni, Cheese, Veggie
 Caesar Salad
 Steamed Broccoli
 Fruit Selection
 Milk

31

PRICES
 Paid Breakfast - \$1.85
 Paid Lunch \$2.85
 Reduced Breakfast and Lunch - FREE
 Milk w/o a meal - \$.65
 Adult Breakfast \$2.50 Adult Lunch \$5.00

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.



This institution is an equal opportunity provider.