

Monday
Tuesday
Wednesday
Thursday
Friday

NO SCHOOL LABOR

4

Cabot Macaroni and Cheese
Roasted Zucchini
Honey Glazed Carrots
Homemade Whole Wheat Roll
Fruit Selection
Milk

5

Sloppy Joe on A Whole Wheat Bun
Steamed Broccoli
Corn on the Cob
Fruit Selection
Milk

6

Chicken Teriyaki Veggie Eggrol
Stir Fied Brown Rice
Stir Fied Green Beans with Carrots
Fruit Selection
Milk

7

Baked Potato Bar
Ham, Broccoli, Cheese
Chick Pea Salad
Fluffy Whole Grain Biscuit
Fruit Selection
Milk

8

Grilled Cheese Sandwich
Tomato Tortellini Soup
Grilled Zucchini
Carrot Sticks
Fruit Selection
Milk

11

Taco Tuesday
Two Tacos – Beef or Bean Cheddar Cheese
Mexican Brown Rice
Seasoned Black Beans *** Corn
Corn Bread ** Salsa & Sour Cream
Fruit Selection
Milk

12

Pizza
Pepperoni, Cheese, Veggie
Tomato and Cucumber Salad
Carrot Sticks
Fruit Selection
Milk

13

Spaghetti with Meat Sauce or Marinara Sauce
Steamed Broccoli
Garlic Bread
Fruit Selection
Milk

14

Crispy Chicken Tenders
Roasted Green Beans
Creamy Coleslaw
Oatmeal Muffin
Fruit Selection
Milk

15

Italian Dunkers
Cheesy Baked Breadsticks
With Marinara Sauce
Roasted Chick Peas
Honey Roasted Carrots
Fruit Selection
Milk

18

Local Beef and Bean Chili
Cheddar Cheese
Corn Chips
Corn on the Cob
Fruit Selection
Milk

19

Chicken Alfredo Pasta
Or Alfredo Pasta with Veggies
Roasted Green Beans
Cucumber Salad
Honey Oat Rolls
Fruit Selection
Milk

20

BREAKFAST FOR LUNCH
Cheesy Scrambled Eggs
French Toast Sticks
Maple Syrup
Steamed Broccoli
Fruit Selection
Milk

21

Deli Day
Turkey, Ham ,Cheese On Whole Wheat Bread
Lettuce, Tomato
Cheddar Broccoli Soup
Tossed Romaine Salad
Fruit Selection
Milk

22

Whole Grain Ravioli
w/ Marinara Sauce
Cottage Cheese
Buttery Green Beans
Garlic Bread
Fruit Selection
Milk

25

Chicken and Biscuits
w/ Seasonal Veggies
Steamed Broccoli
Fruit Selection
Milk

26

Meatball or Roasted Veggie Subs
Mozzarella and Marinara
on Whole Wheat Bun
Roasted Zucchini
Fruit Selection
Milk

27

Chicken Fajita
On Whole Grain Tortilla
Grilled Peppers and Onion
Corn
Sour Cream and Salsa
Corn Bread Muffin
Fruit Selection
Milk

28

Hamburger, Cheeseburger Or Veggie Burger
Lettuce & Tomato
On Whole Grain Bun
Baked Beans
Seasoned Potato Wedges
Fruit Selection

29
PRICES

Paid Breakfast - \$1.85

Paid Lunch \$2.85

Reduced Breakfast and Lunch – FREE

Milk w/o a meal - \$.65

Adult Breakfast \$2.50 Adult Lunch \$5.00

We regularly use local products in an effort to provide our students with the healthiest food and to support our local Addison County farmers and producers.