




Lincoln Community School Lunch Menu

Lea Calderon-Guthe, *Manager* Bonnie Rathbun, *Assistant*

Join us on Fridays for our Early Bird Breakfast at 7:30 before Assembly!

MAY 2017

Monday		Tuesday		Wednesday		Thursday		Friday		Contact us at: 453-2119									
1 Rotini with Meat Sauce or Cheese Sauce Garlic Bread Peas FRESH FRUIT & VEGGIE BAR		2 BRUNCH FOR LUNCH Scrambled Eggs Sausage Links Oatmeal Pancakes w/Maple Syrup Steamed Broccoli FRESH FRUIT & VEGGIE BAR		3 Pizza Day Cheese, Pepperoni, Veggie Caesar Salad FRESH FRUIT & VEGGIE BAR		4 Sloppy Joes on Whole Wheat Bun Potato Salad Roasted Carrots FRESH FRUIT & VEGGIE BAR		5 Chicken and Cheese Quesadilla Brown Rice and Beans Sweet Potato Half FRESH FRUIT & VEGGIE BAR		 ANESU Food Service Cooperative									
8 Creamy Cabot Macaroni and Cheese Tender Sweet Peas FRESH FRUIT & VEGGIE BAR		9 Shepherd's Pie or Warm Lentils & Spinach Buttery Green Beans Homemade WW Roll FRESH FRUIT & VEGGIE BAR		10 BBQ Chicken on a WW Bun Creamy Coleslaw Sweet Potato Half FRESH FRUIT & VEGGIE BAR		11 Chicken Fajita on Whole Wheat Tortilla Grilled Peppers & Onion Brown Rice Mexican Beans FRESH FRUIT & VEGGIE BAR		12 Goulash with Homemade Noodles Cucumber Salad FRESH FRUIT & VEGGIE BAR											
15 Spaghetti w/ Meat Sauce or Marinara Steamed Broccoli Cottage Cheese Homemade Garlic Bread FRESH FRUIT & VEGGIE BAR		16 Taco Tuesday Beef or Bean On Whole Wheat Tortilla with Cheese Brown Rice Corn FRESH FRUIT & VEGGIE BAR		17 Pizza Day Pepperoni, Cheese or Veggie Pizza Steamed Broccoli FRESH FRUIT & VEGGIE BAR		18 Teriyaki Chicken or Tofu Carrot & Cabbage Stir-fry Brown Rice FRESH FRUIT & VEGGIE BAR		19 Grilled Cheese or Grilled Ham & Cheese Spinach Salad Tomato Soup FRESH FRUIT & VEGGIE BAR		<u>Meal Prices</u> Breakfast \$1.25 Lunch \$2.50 Adults \$5.00 <u>Free and Reduced</u> NO CHARGE for meals MILK ONLY - \$.50									
22 BRUNCH for LUNCH French Toast Apple Bake w/ Maple Syrup Sausage Link Roasted Roots FRESH FRUIT & VEGGIE BAR		23 Hearty Beef & Veggie Chili Cornbread Green Bean Salad FRESH FRUIT & VEGGIE BAR		24 Misty Knoll Chicken Drumsticks Buttered Penne Pasta Broccoli Salad FRESH FRUIT & VEGGIE BAR		25 All-School BBQ Hamburgers & Veggie Burgers Hot Dogs Sweet Potato Fries Fruit Salad Lemon Squares		26 <i>Lea's Last Day</i> Chicken Noodle Soup Homemade Cheddar Scallion Rolls Spinach Salad FRESH FRUIT & VEGGIE BAR		Go to www.myschoolbucks.com to prepay for school meals VISIT OUR WEBSITE AT: www.anesunutrition.com									
29 NO SCHOOL MEMORIAL DAY		30 Cheesy Whole Grain Bread Stick w/ Marinara Dipping Sauce Tender Sweet Peas FRESH FRUIT & VEGGIE BAR		31 Chicken Parmesan With Rotini Buttery Green Beans Maple Roasted Carrots FRESH FRUIT & VEGGIE BAR		BREAKFAST		Monday Whole Wheat Pretzel with Fruit/Yogurt Smoothie		Tuesday Breakfast Sandwich or Wrap with Fruit		Wednesday Homemade Granola and Yogurt Parfait with Fruit		Thursday Homemade Baked Good with Fruit		Friday Hot or Cold Cereal, Cheese Stick with Fruit		USDA is an equal opportunity provider and employer.	