



Beeman Elementary School Lunch Menu

Sarah Little, Manager and Tammy Jewett, Assistant

MAY 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Contact us at: 453-2331
1 Cheesy Whole Grain Bread Stick w/ Marinara Dipping Sauce Tender Sweet Peas FRESH FRUIT & VEGGIE BAR	2 BRUNCH FOR LUNCH Scrambled Eggs Sausage Link French Toast Sticks w/Maple Syrup Steamed Broccoli FRESH FRUIT & VEGGIE BAR	3 Chicken Parmesan With Rotini Buttery Green Beans Maple Roasted Carrots FRESH FRUIT & VEGGIE BAR	4 Irish Potato Coddle Cornbread Spinach Salad FRESH FRUIT & VEGGIE BAR	5 Chicken and Cheese Quesadilla Brown Rice and Beans Sweet Potato Half FRESH FRUIT & VEGGIE BAR	 ANESU Food Service Cooperative
8 Spaghetti w/ Meat Sauce or Marinara Steamed Broccoli Cottage Cheese Homemade WW Garlic Bread FRESH FRUIT & VEGGIE BAR	9 Shepherd's Pie – Meat or Vegetarian Buttery Green Beans Homemade WW Roll FRESH FRUIT & VEGGIE BAR	10 PIZZA Cheese, Pepperoni, Veggie Caesar Salad with Romaine FRESH FRUIT & VEGGIE BAR	11 Chicken Fajita on Whole Wheat Tortilla Grilled Peppers & Onion Brown Rice Mexican Beans FRESH FRUIT & VEGGIE BAR	12 Grilled Cheese or Grilled Ham & Cheese Spinach Salad Tomato Soup FRESH FRUIT & VEGGIE BAR	
15 BRUNCH for LUNCH French Toast Apple Bake w/ Maple Syrup Sausage Link Roasted Roots FRESH FRUIT & VEGGIE BAR	16 TACO TUESDAY Beef or Bean Taco in a crunchy shell with Cheese Brown Rice Corn FRESH FRUIT & VEGGIE BAR	17 BBQ Chicken on a WW Bun Creamy Coleslaw Sweet Potato Half FRESH FRUIT & VEGGIE BAR	18 Baked Ham Mashed Potatoes Green Beans Dinner Roll FRESH FRUIT & VEGGIE BAR	19 Hamburger, Cheeseburger or Black Bean Burger Potato Wedges Baked Beans FRESH FRUIT & VEGGIE BAR	<u>Meal Prices</u> Breakfast \$1.25 Lunch \$2.50 Adults \$5.00 <u>Free and Reduced</u> NO CHARGE for meals MILK ONLY - \$.50 (not included as part of the Free & Red. Meals Program)
22 Creamy Cabot Macaroni and Cheese Tender Sweet Peas Foccacia Bread FRESH FRUIT & VEGGIE BAR	23 Hearty Beef Chili or Veggie Chili With Tortilla Chips Cornbread Green Bean Salad FRESH FRUIT & VEGGIE BAR	24 Pizza Day Pepperoni, Cheese or Veggie Pizza Steamed Broccoli FRESH FRUIT & VEGGIE BAR	25 Chicken Tenders with BBQ Dipping Sauce Carrot Souffle Apple Muffin FRESH FRUIT & VEGGIE BAR	26 Turkey and Cheese or Veggie and Cheese Grinder on WW Roll Broccoli Cheddar Soup White Bean Salad FRESH FRUIT & VEGGIE BAR	Go to www.myschoolbucks.com to prepay for school meals VISIT OUR WEBSITE AT: www.anesunutrition.com
29 NO SCHOOL MEMORIAL DAY	30 RAINBOW WEEK RED Rotini w/ Meat Sauce or Marinara Cherry Tomato Salad Garlic Bread Strawberries FRESH FRUIT & VEGGIE BAR	31 RAINBOW WEEK GREEN Turkey and Cheese on Spinach Wrap Cesar Salad w/ Romaine Honeydew Melon FRESH FRUIT & VEGGIE BAR	1 RAINBOW WEEK ORANGE Sweet Potato Bar Ham, Cheese, Broccoli, Carrots Carrot Muffin FRESH FRUIT & VEGGIE BAR	2 RAINBOW WEEK BLUE/PURPLE Blue Nachos with meat and cheese sauce Beet Salad Red Cabbage Slaw Blueberry Muffin FRESH FRUIT & VEGGIE BAR	This institution is an equal opportunity provider and employer.