


# Lincoln Community School Lunch Menu

Lea Calderon-Guthe, *Manager*  
Bonnie Rathbun, *Assistant*

# March 2017

Join us on Fridays for our Early Bird Breakfast at 7:30 before Assembly!

Monday	Tuesday	Wednesday	Thursday	Friday	Contact us at: 453-2119
<b>27</b> <b>Macaroni &amp; Cheese</b> Carrot Soufflé Broccoli Spears  FRESH FRUIT & VEGGIE BAR	<b>28</b> <b>Chicken or Bean Tacos with Cheese</b> Mexican Rice and Corn Black Beans with Lime and Cilantro FRESH FRUIT & VEGGIE BAR	<b>1</b> <b>PIZZA</b> Pepperoni, Cheese or Veggie Pizza Sweet Potato Half Caesar Salad FRESH FRUIT & VEGGIE BAR	<b>2</b> <b>DR. SUESS'S B-DAY</b> Green Eggs and Ham One Fish Two Fish Goldfish Crackers Broccoli Spears Cat in the Hat Kabobs FRESH FRUIT & VEGGIE BAR	<b>3</b> Ham & Cheese Melt Veggie & Cheese Melt Broccoli Cheese Soup Roasted Potatoes  FRESH FRUIT & VEGGIE BAR	 <b>ANESU Food Service Cooperative</b>
<b>National School Breakfast Week – March 6-10 Start Smart Every Day with School Breakfast</b>					
<b>6 BAKED POTATO BAR</b> Diced Ham, Cheddar Cheese Steamed Broccoli Cornbread Sour Cream FRESH FRUIT & VEGGIE BAR	<b>7</b> <b>Rotini w/ Marinara or Cheese Sauce</b> Roasted Carrots Honey Oat Roll Cottage Cheese FRESH FRUIT & VEGGIE BAR	<b>8</b> <b>Hamburger, Cheeseburger Veggie Burger</b> Vegetable Soup Kale Salad FRESH FRUIT & VEGGIE BAR	<b>9 BRUNCH FOR LUNCH</b> Oatmeal Pancakes w/ maple syrup Scrambled Eggs Baked Sweet Potato  FRESH FRUIT & VEGGIE BAR	<b>10</b> <b>No School PARENT CONFERENCE DAY</b>	<b>Meal Prices</b> Breakfast \$1.25 Lunch \$2.50 Adults \$5.00 <u>Free and Reduced</u> <b>NO CHARGE for meals MILK ONLY - \$.50</b> (not included as part of the Free & Red. Meals Program)
<b>13</b> <b>Spaghetti w/ Meat Sauce or Marinara Sauce</b> Homemade Garlic Bread Steamed Broccoli  FRESH FRUIT & VEGGIE BAR	<b>14</b> <b>Crispy Chicken Tenders</b> Buttery Green Beans Mashed Potatoes Homemade Roll  FRESH FRUIT & VEGGIE BAR	<b>15 STROMBOLI</b> Pepperoni, Cheese or Veggie Marinara Dipping Sauce Roasted Cauliflower  FRESH FRUIT & VEGGIE BAR	<b>16</b> <b>Turkey, Bacon Cheese or Veggie Wrap on WW</b> Baked Beans Sweet Potato Fries w/ Honey Musard  FRESH FRUIT & VEGGIE BAR	<b>17 ST. PATRICK'S DAY</b> Sausage & Potato Coddle Braised Cabbage Grandma Kells' Irish Soda Bread  FRESH FRUIT & VEGGIE BAR	
<b>20</b> <b>Macaroni &amp; Cabot Cheese</b> Buttery Green Beans Honey Carrot Coins  FRESH FRUIT & VEGGIE BAR	<b>21 TACO TUESDAY</b> <b>Soft or Hard Tacos w/ Seasoned Beef or Beans</b> Salsa/Lettuce/Tomato Brown Rice Corn FRESH FRUIT & VEGGIE BAR	<b>22</b> <b>Misty Knoll_Chicken Drumsticks or Baked Tofu</b> Mashed Red Potatoes Buttermilk Biscuit FRESH FRUIT & VEGGIE BAR	<b>23</b> <b>Tortellini w/ Marinara Sauce</b> Cottage Cheese Herbed Focaccia Green Peas and Carrots FRESH FRUIT & VEGGIE BAR	<b>24</b> <b>Egg or Tuna Salad Sandwich on WW Bun</b> Carrot & Celery Sticks Hummus  FRESH FRUIT & VEGGIE BAR	
<b>27</b> <b>Quesadillas w/ Beef or Beans</b> Steamed Broccoli  FRESH FRUIT & VEGGIE BAR	<b>28</b> <b>Sesame Chicken or Tofu</b> Brown Rice Cabbage & Carrot Stir Fry  FRESH FRUIT & VEGGIE BAR	<b>29 PIZZA</b> Pepperoni, Cheese or Veggie Caesar Salad  FRESH FRUIT & VEGGIE BAR	<b>30</b> <b>Grilled Cheese or Grilled Ham &amp; Cheese</b> Tomato Tortellini Soup Chickpea Salad  FRESH FRUIT & VEGGIE BAR	<b>31</b> <b>No School In Service</b>	<b>USDA is an equal opportunity provider and employer.</b>