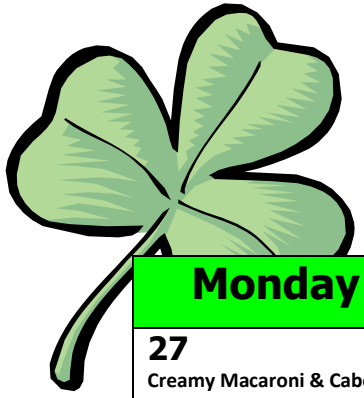

Beeman Elementary School
Lunch Menu

SARAH LITTLE, MANAGER AND **TAMMY JEWETT,** ASSISTANT

March 2017

Monday	Tuesday	Wednesday	Thursday	Friday	Contact us at:
27 **Creamy Macaroni & Cabot Cheese** Carrot Souffle Green Beans with Butter **FRESH FRUIT & VEGGIE BAR**	**28** **TACO DAY** **Chicken Tacos w/ Cheese or Bean Tacos w/ Cheese** Mexican Rice Black Bean Salad Corn **FRESH FRUIT & VEGGIE BAR**	**1** **PIZZA** **Pepperoni, Cheese or Veggie Pizza** Sweet Potato Half Ceasar Salad Roasted Chick Peas **FRESH FRUIT & VEGGIE BAR**	**2** **Dr. Suess's B-day** **Green Eggs and Ham** One Fish Two Fish Goldfish Crackers Broccoli Spears Cat in the Hat Kabobs **FRESH FRUIT & VEGGIE BAR**	**3** **Ham & Cheese Melt** **Veggie & Cheese Melt** Broccoli Cheese Soup Roasted Potatoes **FRESH FRUIT & VEGGIE BAR**	 ANESU Food Service Cooperative
National School Breakfast Week – March 6-10 Start Smart Every Day w/ School Breakfast					
6 **Yogurt and Fruit Parfait** French Toast Sticks w/ Maple syrup Baked Sweet Potato **FRESH FRUIT & VEGGIE BAR**	**7** **Hamburger, Cheeseburger** **Veggie Burger** Crispy Oven Fried Potatoes Kale Salad **FRESH FRUIT & VEGGIE BAR**	**8** **Rotini w/ Marinara or Cheese Sauce** Roasted Carrots Honey Oat Roll Cottage Cheese **FRESH FRUIT & VEGGIE BAR**	**9** **Baked Potato Bar** Diced Ham, Cheddar Cheese Steamed Broccoli Cornbread Sour Cream **FRESH FRUIT & VEGGIE BAR**	**10** **No School** **PARENT CONFERENCE DAY**	
13 **Spaghetti w/ Meat Sauce or Marinara Sauce** Homemade Garlic Bread Steamed Broccoli **FRESH FRUIT & VEGGIE BAR**	**14** **Crispy Chicken Tenders** Buttery Green Beans Mashed Potatoes Homemade Roll **FRESH RUIT & VEGGIE BAR**	**15** **STROMBOLI** **Pepperoni, Cheese or Veggie** Marinara Dipping Sauce Roasted Cauliflower **FRESH FRUIT & VEGGIE BAR**	**16** **Turkey, Bacon Cheese Or Roasted Veggie Wrap on WW Tortilla** Baked Beans Sweet Potato Fries w/ Honey Musard **FRESH FRUIT & VEGGIE BAR**	**17** **St. Patricks Day** **Sausage & Potato Coddle** Braised Red & Green Cabbage Irish Soda Bread Cookies **FRESH FRUIT & VEGGIE BAR**	**Meal Prices** **Breakfast $1.25** **Lunch $2.50** **Adults $5.00** **Free and Reduced** **NO CHARGE for meals** **MILK ONLY - $.50** **(not included as part of the Free & Red. Meals Program)**
20 **Creamy Macaroni & Cabot Cheese** Buttery Green Beans Honey Carrot Coins **FRESH FRUIT & VEGGIE BAR**	**21** **TACO Day** **Soft or Hard Tacos w/ Seasoned Beef or Beans** Salsa/Lettuce/Tomato Brown Rice Corn **FRESH FRUIT & VEGGIE BAR**	**22** **Misty Knoll** **Chicken Drumsticks or Baked Tofu** Mashed Red Pototoes Buttermilk Biscuit **FRESH FRUIT & VEGGIE BAR**	**23** **Ravioli w/ Marinara Sauce** Cottage Cheese Herbed Foccacia Green Peas and Carrots **FRESH FRUIT & VEGGIE BAR**	**24** **Meaty Chili** Cornbread Carrot & Celery Sticks Hummus Apple Crisp **FRESH FRUIT & VEGGIE BAR**	**Go to** **www.myschoolbucks.com** to prepay for school meals VISIT OUR WEBSITE AT: www.anesunutrition.com
27 **Cheesy Nachos With Beef or Beans** Steamed Broccoli **FRESH FRUIT & VEGGIE BAR**	**28** **Chicken Terriyaki** **Brown Rice** **Cabbage & Carrot Stir Fry** **FRESH FRUIT & VEGGIE BAR**	**29** **PIZZA** **Pepperoni, Cheese or Veggie** Ceasar Salad **FRESH FRUIT & VEGGIE BAR**	**30** **Grilled Cheese or Grilled Ham & Cheese** Tomato Tortellini Soup Chickpea Salad **FRESH FRUIT & VEGGIE BAR**	**31** **No School** **In Service**	USDA is an equal opportunity provider and employer.