



Lincoln Community School Lunch Menu

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February 2017

Join us on Fridays for our Early Bird Breakfast at 7:30 before Assembly!

Monday	Tuesday	Wednesday	Thursday	Friday	Contact us at: 453-2119
30 Macaroni & Cabot Cheese Steamed Broccoli Baked Carrots Dinner Roll FRESH FRUIT & VEGGIE BAR	31 BBQ Chicken on a Bun Roasted Chickpeas Garden Peas FRESH FRUIT & VEGGIE BAR	1 Meaty Lasagna or Veggie lasagna Garlic Breadsticks Tender Sweet Peas FRESH FRUIT & VEGGIE BAR	2 Hungarian Meal Túrós palacsinta töltelék (cheese-stuffed pancakes) Karalábé leves (Kohlrabi soup) Krumpis Gombóc (potato dumplings) FRESH FRUIT & VEGGIE BAR	3 Chicken Fajita on Whole Wheat Tortilla Peppers and Onions Corn Mexican Rice FRESH FRUIT & VEGGIE BAR	 ANESU Food Service Cooperative
6 Chicken Teriyaki Brown Rice Egg Roll Roasted Green Beans FRESH FRUIT & VEGGIE BAR	7 Meatball Subs On Whole Wheat Bun w/ Mozzarella Cheese Roasted Cauliflower Carrot Salad FRESH FRUIT & VEGGIE BAR	8 Crispy Chicken Tenders or Tofu Kale Salad Baked Beans Pumpkin Bread FRESH FRUIT & VEGGIE BAR	9 Hungarian Meal Rántott Szelet (pork cutlets) Mashed Potatoes Zöldbab Saláta (Green bean salad) Dinner Roll FRESH FRUIT & VEGGIE BAR	10 Grilled Cheese Sandwich Tomato Soup Creamy Coleslaw FRESH FRUIT & VEGGIE BAR	
13 Cheesy Baked Ziti with Meat or Veggies Buttery Green Beans Homemade Roll FRESH FRUIT & VEGGIE BAR	14 Heartbeat Pizza Melon & Cucumber Salad FRESH FRUIT & VEGGIE BAR	15 Chicken and Biscuits With seasonal veggies Steamed Broccoli Three Bean Salad FRESH FRUIT & VEGGIE BAR	16 Quesadillas Chicken and Cheese or Bean and Cheese Dirty Rice Corn FRESH FRUIT & VEGGIE BAR	17 Hungarian Festival! 11:30-12:15 Make your lunch reservations with Deirdre by Wednesday, 2/15	<u>Meal Prices</u> Breakfast \$1.25 Lunch \$2.50 Adults \$5.00 <u>Free and Reduced</u> NO CHARGE for meals MILK ONLY - \$.50 (not included as part of the Free & Red. Meals Program)
20 WINTER BREAK	21 WINTER BREAK 	22 WINTER BREAK	23 WINTER BREAK	24 WINTER BREAK	Go to www.myschoolbucks.com to prepay for school meals VISIT OUR WEBSITE AT: www.anesunutrition.com
Stay healthy this winter with a rainbow of fresh fruits and veggies and 60 minutes of physical activity every day					
27 Macaroni & Cheese Carrot Souffle Broccoli Spears FRESH FRUIT & VEGGIE BAR	28 Chicken or Bean Tacos with Cheese Mexican Rice Black Beans with Lime and Cilantro Corn FRESH FRUIT & VEGGIE BAR	<u>ALTERNATE MEAL OPTION</u> Whole wheat bagel with cream cheese and cheese stick	**New Breakfast Menu!** You voted, we listened! Monday – Breakfast sandwich or wrap Tuesday – Hot or cold cereal and milk Wednesday – Homemade granola & yogurt Thursday – Homemade baked good Friday – Yogurt smoothie & pretzel		USDA is an equal opportunity provider and employer.