



OLENTANGY SCHOOLS

www.olentangy.k12.oh.us

2021-2022 ELEMENTARY LUNCH MENU

Meals are available at no charge for the 2021-2022 School Year

WEEK 1 MONDAY	Hamburger or Cheeseburger Oven Baked Fries Fruit of the Day Mini Rice Krispie Treat Milk	TUESDAY ✓ Cheese-Filled Breadsticks with Marinara Dipping Sauce Green Beans Fruit of the Day Milk	WEDNESDAY ✓ Cheese Pizza or Pepperoni Pizza Romaine Salad Fruit of the Day Milk <i>Please See Website for Pizza Rotation</i>	THURSDAY French Toast Brunch Entrée Breakfast Potato Fruit of the Day Milk <i>Brunch entrée will include french toast and a protein item</i>	FRIDAY Chicken Patty Sandwich Edamame Fruit of the Day Treat of the Day Milk
WEEK 2 MONDAY	Corn Dog Potato of the Day Fruit of the Day Cookie Milk	TUESDAY Popcorn Chicken Rice Edamame Fruit of the Day Milk	WEDNESDAY ✓ Cheese Pizza or Pepperoni Pizza Fresh Cut Vegetables Fruit of the Day Milk <i>Please See Website for Pizza Rotation</i>	THURSDAY Pasta with Meat Sauce or Pasta with Marinara Sauce Garlic Bread Romaine Salad Fruit of the Day Milk	FRIDAY ✓ Grilled Cheese Tomato Soup Oyster Crackers Green Peas Fruit of the Day Milk
WEEK 3 MONDAY	Chicken Nuggets Biscuit Stick Green Beans Fruit of the Day Milk	TUESDAY Pancake Brunch Entrée Breakfast Potato Fruit of the Day Milk <i>Brunch entrée will include pancakes and a protein item</i>	WEDNESDAY ✓ Cheese Pizza or Pepperoni Pizza Romaine Salad Fruit of the Day Milk <i>Please See Website for Pizza Rotation</i>	THURSDAY Hot Dog Baked Beans Fruit of the Day Snack of the Day Milk	FRIDAY Theme Day <i>Please See Website for Menu</i>
WEEK 4 MONDAY	Chicken Drumstick Dinner Roll Mashed Potatoes Fruit of the Day Milk	TUESDAY ✓ Macaroni & Cheese Corn Bread Broccoli Fruit of the Day Milk	WEDNESDAY ✓ Cheese Pizza or Pepperoni Pizza Fresh Cut Vegetables Fruit of the Day Milk <i>Please See Website for Pizza Rotation</i>	THURSDAY Chicken & Waffles Sweet Potato Fruit of the Day Milk	FRIDAY Mexican Entrée of the Day Southwest Beans Corn Fruit of the Day Churro Milk

Olentangy Schools participates in the National School Breakfast and Lunch Program, which is designed to provide meals that are nutritious, tasty, and appealing to students in a safe, sanitary, and cost-effective manner.

A breakfast consists of 4 items: grain(s), protein, fruit/vegetable, and fat-free or low fat milk. Students must select at least 3 of the 4 items, one of which must be either a fruit or a vegetable.

A lunch consists of 5 components: an entrée, which is 2 components (protein and grain), fruit, vegetable, and fat-free or low fat milk. Students must select at least 3 of the 5 components, one of which must be either a fruit or vegetable.

Besides the menued components, fresh seasonal produce is offered daily.

*Each student can receive one breakfast and one lunch per day at no charge. Additional menu items are available for purchase with cash or meal accounts for grades 2nd through 5th.

A la carte snack and beverage information can be found on the Food Service web page.

Olentangy Schools cannot guarantee the absence of trace amounts of potential allergens not listed on food labels for sensitive individuals, but we will gladly work with you regarding any food allergies or special dietary concerns.

Alternate Entrees: Available daily with vegetable, fruit choices, and milk.

ENTREES MON	Assorted Power Plates* ✓ Yogurt Entrée & Grain	TUE Assorted Power Plates* ✓ Yogurt Entrée & Grain	WED Assorted Power Plates* ✓ Yogurt Entrée & Grain	THU Assorted Power Plates* ✓ Yogurt Entrée & Grain	FRI Assorted Power Plates* ✓ Yogurt Entrée & Grain
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Breakfast: Available daily.

BREAKFAST MONDAY	✓ Mini Breakfast Entrée OR Breakfast Cereal Entrée ¹ Assorted Fruits, Vegetables & Juices Milk	TUESDAY ✓ Muffin OR Cereal Turkey Sausage Assorted Fruits, Vegetables & Juices Milk	WEDNESDAY ✓ Cafeteria Choice Breakfast Cereal Entrée ¹ Assorted Fruits, Vegetables & Juices Milk	THURSDAY ✓ Breakfast Pastry OR Breakfast Cereal Entrée ¹ Assorted Fruits, Vegetables & Juices Milk	FRIDAY ✓ Cafeteria Choice Breakfast Cereal Entrée ¹ Assorted Fruits, Vegetables & Juices Milk
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***Power Plate entrees include:**
 ✓ Chef's Salad • ✓ Chips & Dip • ✓ DIY Pizza
 Deli Sandwich • ✓ Sunbutter WOW Pocket
 Power Plate entrees may vary daily. Please contact your cafeteria for specific information.

¹ Breakfast Cereal Entrée includes a cereal and one of the following: cheese stick, yogurt, or grain item.

✓ Menu selection is or can be made vegetarian friendly

Follow the menu with its calendar day. Each week is represented by a color and represents a four week cycle. An "X" on any calendar day indicates a "No School" day.

August 2021							September 2021							October 2021							November 2021							December 2021							January 2022							February 2022							March 2022							April 2022							May 2022																																																																																																															
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa																																																																																																									
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Menu items subject to change due to availability of foods or unplanned school closings. Please check the Food Services web page for the most up-to-date information.

This institution is an equal opportunity provider.