

# April 2021

## Breakfast & Lunch Menu – PRE-K HEAD START

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Breakfast</b> Assorted Pancakes(36-37) Peach Cups(19) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Filet on a Bun(38) Green Beans(2) Diced Pears(15) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Waffles(35-36) Diced Pears(15) Assorted 8oz Milk(13-20) <b>Lunch</b> French Bread Pizza(18) Marinara Sauce(9) Steamed Broccoli(2) Peaches(23) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Sausage Biscuit(25) Peaches(23) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Nuggets(19) Baked Roll(24) Roasted Red Potatoes Pink Lady Apples Assorted 8oz Milk(13-20)		
4	5	6	7	8	9	10
11	12	13	14	15	16	17
	<b>Breakfast</b> Assorted Cereal(22-25) Bug Bite Grahams(21) Applesauce Cup(14) Assorted 8oz Milk(13-20) <b>Lunch</b> Teriyaki Beef Bites(16) Baked Roll (24) Green Beans(2) Peaches(23) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Super Donut(38) Peaches(23) Assorted 8oz Milk(13-20) <b>Lunch</b> Beef & Cheese Nachos(17) Sweet Corn(8) Pineapple(16) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Muffins(42-45) Pineapple(16) Assorted 8oz Milk(13-20) <b>Lunch</b> Wild Mikes Pizza(33) Steamed Broccoli(2) Diced Pears(15) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Waffles(35-36) Diced Pears(15) Assorted 8oz Milk(13-20) <b>Lunch</b> Cheese Burger(30) French Fries(15) Mandarin Oranges(22) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Chicken Biscuit(29) Mandarin Oranges(22) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Nuggets(19) Baked Roll (24) Green Peas(6) Orange Smiles Assorted 8oz Milk(13-20)	

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
18	19	20	21	22	23	24
	<b>Breakfast</b> Assorted Cereal(22-25) Applesauce Cup(14) Assorted 8oz Milk(13-20) <b>Lunch</b> Cheese Burger(30) Lettuce, Tomato, Onion, Pickles French Fries(15) Fuji Apples Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Pancakes(36-37) Peaches(23) Assorted 8oz Milk(13-20) <b>Lunch</b> BBQ Sandwich(26) Steamed Broccoli(2) Mandarin Oranges(22) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Powder Donut(41) Mandarin Oranges(22) Assorted 8oz Milk(13-20) <b>Lunch</b> Pizza Cruncher(33) Marinara(9) Sweet Corn(8) Diced Pears(15) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Muffins(42-45) Diced Pears(15) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Nuggets(19) Baked Roll(27) Baked Beans(14) Pineapple(16) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Sausage Biscuit(25) Pineapple(16) Assorted 8oz Milk(13-20) <b>Lunch</b> Fish Strips(16) Baked Roll(27) French Fries(15) Fresh Strawberries Assorted 8oz Milk(13-20) *Allergy substitute available*	
25	26	27	28	29	30	May 1
	<b>Breakfast</b> Assorted Cereal(22-25) Applesauce Cup(14) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Alfredo(28) Baked Roll(27) Steamed Broccoli(2) Fuji Apples Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Pancakes(36-37) Peaches(23) Assorted 8oz Milk(13-20) <b>Lunch</b> Meatball Sub(28) French Fries(15) Diced Pears(15) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Super Donut(38) Diced Pears(15) Assorted 8oz Milk(13-20) <b>Lunch</b> French Bread Pizza(18) Marinara(9) Sweet Corn(8) Applesauce Cup(14) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Assorted Muffins(42-45) Applesauce Cup(14) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Filet on a Bun(38) Baked Beans(14) Pineapple(16) Assorted 8oz Milk(13-20)	<b>Breakfast</b> Chicken Biscuit(29) Pineapple(16) Assorted 8oz Milk(13-20) <b>Lunch</b> Chicken Bacon Ranch Sandwich(-) California Veggies(2) Fresh Strawberries Assorted 8oz Milk(13-20)	
May 2	May 3	May 4	May 5	May 6	May 7	May 8