

Walker County Schools  
2021 – 2022

# OCTOBER LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Your lunch tray must have at least ½ cup of Fruit or Veggie</p>		<p>Have you fill at your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to <a href="http://www.myschoolapps.com">www.myschoolapps.com</a></p>	 <p>What is your favorite Vegetable?</p>	<p><b>GROUP B</b> Chicken Nuggets <b>OR</b> Spaghetti w/ Meat Sauce Roll Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice 1</p>
<p>Burrito w/ Salsa <b>OR</b> Fish Sticks/Hushpuppies w/ Tartar Sauce Broccoli w/ Dip Slaw Mixed Fruit Frozen Fruit Milk Choice 4</p>	<p>Chicken on WG Bun w/ WG Chips <b>OR</b> Pizza Corn Caesar Salad Apricots Fresh Fruit Milk Choice 5</p>	<p><b>AT HOME LEARNING</b> <b>MEAL WILL BE SENT HOME WITH STUDENTS ON OCTOBER 5<sup>TH</sup></b> 6</p>	<p>Ham &amp; Cheese on WG Bun <b>OR</b> Chicken Nuggets Roll Green Peas Creamy Potatoes Blueberries Fresh Fruit Milk Choice Peach Crisp 7</p>	<p>Cheeseburger on WG Bun w/ Lettuce, Tomato &amp; Onion <b>OR</b> Taco w/ Crispy Shells &amp; Cheese Cup &amp; Sour Cream Lettuce &amp; Diced Tomatoes Refried Beans Salsa Pears Fresh Fruit Milk Choice 8</p>
<p><b>HAPPY NATIONAL LUNCH WEEK OCTOBER 11-15, 2021</b></p>				
 <p><b>Fall Break</b> <span style="float: right;">OCTOBER 11 - 15</span> </p>				
<p>Chicken Nuggets w/ Roll <b>OR</b> Pizza Creamy Potatoes Steamed Carrots Applesauce Frozen Fruit Milk Choice 18</p>	<p>BBQ on WG Bun w/ WG Chips <b>OR</b> Fish w/ Cheese On WG Bun w/ Tartar Sauce Corn Baked Beans Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice Ice Cream 19</p>	<p><b>AT HOME LEARNING</b> <b>MEAL WILL BE SENT HOME WITH STUDENTS ON OCTOBER 19<sup>TH</sup></b> 20</p>	<p>Walking Taco w/ Sour Cream <b>OR</b> Chicken on WG Bun Fries Refried Beans Salsa Toss Salad w/ Dressing Spiced Apples Fresh Fruit Milk Choice 21</p>	<p>Cheesy Bread w/ Marinna Sauce <b>OR</b> Turkey &amp; Cheese on WG Bun Broccoli w/ Dip Sweet Potato Fries Mixed Fruit Fresh Fruit Milk Choice 22</p>
<p>Pizza <b>OR</b> Chicken &amp; Cheese Quesadilla w/ Sour Cream Corn Steamed Carrots Applesauce Frozen Fruit Milk Choice 25</p>	<p>Chicken Nuggets <b>OR</b> Sliced Pork w/ Gravy Roll Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice 26</p>	<p>Hotdog w/ Chili <b>OR</b> Nacho Chips w/Chili, Sour Cream &amp; Salsa Cole Slaw Fries Refried Beans w/ Cheese Mixed Fruit Fresh Fruit Milk Choice 27</p>	<p>Spaghetti w/ Meat Sauce w/ Roll <b>OR</b> Turkey &amp; Cheese on WG Bun Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice 28</p>	<p>Cheeseburger on WG Bun Lettuce, Tomato &amp; Onion <b>OR</b> Corn Dog Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice 30</p>

Students must have a lunch from home or school to be eligible to purchase the following items:  
**Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$.90 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.**  
**NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.**  
 MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD This institution is an equal opportunity provider.