








Walker County School



START EVERY DAY WITH
A **FREE Breakfast** to all students

Breakfast Menu 2021 – 2022

Eating a **FREE School Breakfast**
makes everyone a Superhero.

Monday	Tuesday	Wednesday	Thursday	Friday
 ½ cup of fruit or juice must be on your tray.	School Payments Made Easy From the cafeteria to the classroom, pay anywhere from your computer or smart phone at www.walkerschools.org 	PLAIN BISCUIT OR CEREAL WILL BE A CHOICE DAILY. 	 ALL WC STUDENTS EAT FREE	Cinnamon Biscuit OR Cereal Choice Blueberries / Fresh Fruit / Juice Choice Milk Choice 1
Pancakes OR Cinnamon Toast Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 4	French Toast Sticks OR Gold Fish Graham Cheese Stick Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 5	AT HOME LEARNING MEAL WILL BE SENT HOME WITH STUDENTS ON OCTOBER 5TH 6	Sausage Biscuit OR Pop Tart Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice 7	Chicken Biscuit OR Cereal Choice Yogurt Blueberries / Fresh Fruit / Juice Choice Milk Choice 8
   <p>FALL BREAK OCTOBER 11 – 15, 2021</p>				
Chicken Biscuit OR Cinnamon Toast Yogurt Pears / Fresh Fruit / Juice Choice Milk Choice 18	Breakfast Pizza OR Pop Tart Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 19	AT HOME LEARNING MEAL WILL BE SENT HOME WITH STUDENTS ON OCTOBER 19TH 20	Sausage Biscuit OR Biscuit Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 21	Biscuit OR Yogurt Parfait w/ Graham Cracker Spiced Apples / Fresh Fruit / Juice Choice Milk Choice 22
Sausage Biscuit OR Cheese Toast Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 25	Cinnamon Biscuit OR Cereal Choice Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 26	Breakfast Pizza OR Cinnamon Toast Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice 27	Chicken Biscuit OR Egg & Cheese Croissant Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 28	Biscuit OR Pop Tart Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 29

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.

If you have difficulty communicating with us or understanding this information because you do not speak English or have a disability, please let us know. Contact 706-638-7971.

Free language assistance or other aids and services are available upon request.

Español: Si tiene dificultades para comunicarse con nosotros, o para entender esta información porque no habla inglés o tiene alguna discapacidad, por favor infórmenos.

Comuníquese con 706/638-7971. Tenemos disponibilidad de servicios gratuitos de ayuda en otros idiomas y otro tipo de asistencia y servicios cuando lo solicite.

Esta institución es un proveedor de oportunidades igual