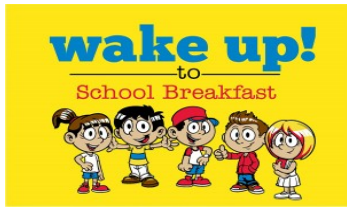


Walker County Schools



April



START YOUR DAY WITH BREAKFAST

Breakfast Menu 2020 - 2021

April 4, 2021

Monday	Tuesday	Wednesday	Thursday	Friday
		SPRING BREAK MARCH 26 TH - APRIL 2 ND NO SCHOOL		
Sausage Biscuit OR Cheese Toast Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 5	Cinnamon Biscuit OR Cereal Choice Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 6	Breakfast Pizza OR Cinnamon Toast Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice 7	Chicken Biscuit OR Egg & Cheese Croissant Blueberries / Fresh Fruit / Juice Choice Milk Choice 8	Biscuit OR Pop Tart Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 9
Pancakes OR Cheese Toast Pears / Fresh Fruit / Juice Choice Milk Choice 12	Sausage Biscuit OR Yogurt Parfait w/ Graham Cracker Applesauce / Fresh Fruit / Juice Choice Milk Choice 13	Breakfast Pizza OR Pancake Sausage on Stick Apricots / Fresh Fruit / Juice Choice Milk Choice 14	Chicken Biscuit OR Cereal Yogurt Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 15	Egg & Sausage Burrito OR Pop Tart Yogurt Spiced Apples / Fresh Fruit / Juice Choice Milk Choice 16
French Toast Sticks OR Cheese Toast Peaches / Fresh Fruit / Juice Choice Milk Choice 19	Biscuit OR Yogurt Parfait w/ Graham Cracker Applesauce / Fresh Fruit / Juice Choice Milk Choice 20	Chicken Biscuit OR Cinnamon Toast Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice 21	Sausage Biscuit OR Biscuit Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 22	Breakfast Bowl OR Cereal Choice Yogurt Spiced Apples / Fresh Fruit / Juice Choice Milk Choice 23
Sausage Biscuit OR Cheese Toast Mixed Fruit / Fresh Fruit / Juice Choice Milk Choice 26	Cinnamon Biscuit OR Cereal Choice Yogurt Applesauce / Fresh Fruit / Juice Choice Milk Choice 27	Breakfast Pizza OR Cinnamon Toast Yogurt Apricots / Fresh Fruit / Juice Choice Milk Choice 28	Chicken Biscuit OR Egg & Cheese Croissant Blueberries / Fresh Fruit / Juice Choice Milk Choice 29	Biscuit OR Pop Tart Yogurt Peaches / Fresh Fruit / Juice Choice Milk Choice 30
	School Payments Made Easy From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org	<p>½ cup of fruit/juice must be on your plate.</p>		

Breakfast provides 25% of a child's RDA (Recommended Dietary Allowance). Skipping breakfast lowers academic performance, which can lead to other problems for students. A good breakfast whether eaten at home or at school provides nutritious, healthy food choices including fruit and whole grain products. Only 15% of students eat fruit as recommended by the Food Guide Pyramid. Good health is precious. Help your child make good choices.

If you have difficulty communicating with us or understanding this information because you do not speak English or have a disability, please let us know.

Contact 706-638-7971. Free language assistance or other aids and services are available upon request. Español: Si tiene dificultades para comunicarse con nosotros, o para entender esta información porque no habla inglés o tiene alguna discapacidad, por favor infórmenos. Comuníquese con 706/638-7971. Tenemos disponibilidad de servicios gratuitos de ayuda en otros idiomas y otro tipo de asistencia y servicios cuando lo solicite.

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

PLAIN BISCUIT OR CEREAL WILL BE A CHOICE DAILY.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.