








Walker County Schools



All of our school meals are prepared with love.

LUNCH MIDDLE SCHOOLS 2020 – 2021

"Happy Valentine's Day"

Monday	Tuesday	Wednesday	Thursday	Friday
	 Will we have an early Spring or 6 more weeks of Winter? Feb 2nd	 Have you filled out your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com	 Every lunch tray must have 1/2 cup serving of fruit or veggie on it.	 **LUNCH IS FREE To All WC Students
Teriyaki Chicken w/ Roll OR Fish on WG Bun w/ Tartar Sauce OR PBJ Sandwich Baked Beans Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice <p style="text-align: right;">1</p>	TACO TUESDAY Hamburger on WG Bun w/ Lettuce. Tomato & Onion OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Apricots Fresh Fruit Milk Choice <p style="text-align: right;">2</p>	Chicken Nuggets OR BBQ Pork Roll Green Beans Cream Potatoes Mixed Fruit Fresh Fruit Milk Choice <p style="text-align: right;">3</p>	Pizza OR Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Pears Fresh Fruit Milk Choice Peach Crisp <p style="text-align: right;">4</p>	Chicken on WG Bun OR Ham & Cheese on WG Bun WG Chips Baby Carrots w/ Dip Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice <p style="text-align: right;">5</p>
Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa OR Pizza Corn Toss Salad w/ Dressing Spiced Apples Frozen Fruit Milk Choice <p style="text-align: right;">8</p>	Cheesy Mac & Cheese Pintos Beans OR Black-eyed Peas Cornbread Okra Cole Slaw Sweet Potatoes Apricots Fresh Fruit Ice Cream Milk Choice <p style="text-align: right;">9</p>	Taco Bake w/ Roll OR Turkey & Cheese on WG Bun Veggies w/ Ranch Dressing Sweet Potato Fries Peaches Fresh Fruit Milk Choice <p style="text-align: right;">10</p>	Quesadilla w/ Sour Cream OR Chicken on WG Bun WG Chips Refried Beans Salsa Applesauce Fresh Fruit Milk Choice <p style="text-align: right;">11</p>	 NO SCHOOL February 12th
Have a great winter break!  February 15th & 16th NO SCHOOL		Hamburger on WG Bun Lettuce, Tomato & Onion OR Corn Dog Sweet Potato Fries Caesar Salad Blueberries Fresh Fruit Milk Choice <p style="text-align: right;">17</p>	Spaghetti w/ Meat Sauce w/ Roll OR Turkey & Cheese on WG Bun Corn Green Beans Toss Salad w/ Dressing Choice Pears Fresh Fruit WG Choc Chip Cookie Milk Choice <p style="text-align: right;">18</p>	Hotdog w/ Chili OR Burrito w/ Sour Cream & Salsa Cole Slaw Fries Refried Beans Peas Fresh Fruit Milk Choice <p style="text-align: right;">19</p>
Teriyaki Chicken w/ Roll OR Fish on WG Bun w/ Tartar Sauce OR PBJ Sandwich Baked Beans Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice <p style="text-align: right;">22</p>	TACO TUESDAY Hamburger on WG Bun w/ Lettuce. Tomato & Onion OR Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Apricots Fresh Fruit Milk Choice <p style="text-align: right;">23</p>	Chicken Nuggets OR BBQ Pork Roll Green Beans Cream Potatoes Mixed Fruit Fresh Fruit Milk Choice <p style="text-align: right;">24</p>	Pizza OR Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Peaches Fresh Fruit Milk Choice Peach Crisp <p style="text-align: right;">25</p>	Chicken on WG Bun OR Ham & Cheese on WG Bun WG Chips Baby Carrots w/ Dip Toss Salad w/ Dressing Peas Fresh Fruit Milk Choice <p style="text-align: right;">26</p>

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.

Students must have a lunch from home or school to be eligible to purchase the following items:

12 oz. Bottle Water every day for \$.75, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$1.00 and WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.