



RIDGELAND HIGH SCHOOL

JANUARY 25 - 29, 2021

WEEK 3



| | Monday 25th | Tuesday 26th | Wednesday 27th | Thursday 28th | Friday 29th |
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| Line 1 | Turkey & Cheese on WG Bun w/ WG Chips Lettuce & Tomato OR Pizza Green Beans Carrots w/ Dip Applesauce Frozen Fruit Milk Choice | Chicken Nuggets OR Pizza OR Ham & Cheese on WG Bun Mixed Veggies Broccoli w/ Cheese Apricots Fruit Milk Choice | Baked Potato Bar w/ BBQ Pork & Cheese Cup, Sour Cream & Saltine Crackers & Croutons OR Pizza Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Blueberries Fresh Fruit Milk Choice | Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers/Croutons w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice | Cheeseburger on WG Bun Lettuce & Tomato & Onion OR Corndog WG Chips Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice |
| Line 3 | Sweet and Sour Chicken on Rice Roll Green Beans Carrots w/ Dip Applesauce Frozen Fruit Milk Choice | Chicken Nuggets OR Turkey Sliced w/ Gravy Roll Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice | Hotdog on WG Bun w/ Chili OR Burrito w/ Salsa & Sour Cream Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Blueberries Fresh Fruit Milk Choice | Spaghetti w/ Meat Sauce & Roll OR Turkey & Cheese on WG Bun Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice | Taco Soup w/ Cheese Cup & Tortilla Chips & Cheesy Bread Stix & Sour Cream Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice |

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.50.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$1.00 **Fridays:** WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines.

***** We have changed our homemade rolls from whole grain to enriched white.**



EVERY STUDENT'S TRAY MUST AT LEAST LEAST ½ CUP FRUIT OR VEGGIE ON IT.



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org