



LaFAYETTE HIGH SCHOOL

JANUARY 25 – 29, 2021

WEEK 3



	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th
Line 2	Sweet and Sour Chicken on Rice w/ Roll OR Turkey & Cheese on WG Bun w/ WG Chips Lettuce & Tomato OR Pizza Green Beans Carrots w/ Dip Applesauce Frozen Fruit Milk Choice	Chicken Nuggets w/ Roll OR Turkey Roast w/ Gravy w/ Roll OR Pizza OR Ham & Cheese on WG Bun Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice	Hotdog on WG Bun w/ Chili OR Burrito w/ Salsa & Sour Cream Cole Slaw Fries Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Blueberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & Roll OR Turkey & Cheese on WG Bun OR Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers/CROUTONS w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice	Taco Soup w/ Cheese Cup & Tortilla Chips & Cheesy Bread Stix & Sour Cream Sweet Potatoes Caesar Salad Pears Fresh Fruit Milk Choice
Line 4	Sweet and Sour Chicken on Rice w/ Roll OR Turkey & Cheese on WG Bun w/ WG Chips Lettuce & Tomato OR Pizza Green Beans Carrots w/ Dip Applesauce Frozen Fruit Milk Choice	Chicken Nuggets w/ Roll OR Turkey Roast w/ Gravy w/ Roll OR Pizza OR Ham & Cheese on WG Bun Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice	Baked Potato Bar w/ BBQ Pork & Cheese Cup, Sour Cream & Saltine Crackers & CROUTONS OR Pizza Cole Slaw Cherry Tomatoes & Baby Carrots w/ Dip Refried Beans Blueberries Fresh Fruit Milk Choice	Spaghetti w/ Meat Sauce & Roll OR Turkey & Cheese on WG Bun OR Pizza OR Chef Salad w/ Ham & Cheese & Saltines Crackers/CROUTONS w/ Dressing Corn Green Beans Toss Salad w/ Dressing Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice	Cheeseburger on WG Bun Lettuce & Tomato & Onion OR Corndog WG Chips Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD. This institution is an equal opportunity provider.

Students must have a lunch from home or school to be eligible to purchase the following items:

Every day: 20 oz. Bottle Water for \$1.00, Zero Sweetened Tea for \$1.00, or Switch Juice Drink for \$1.50.

Thursdays : Frozen Fruit (4.4 oz. cup of 100% fruit juice) for \$1.00

Fridays: WG Choc Chip Cookie (1.85 oz.) for \$.75.

NO CHARGING will be allowed for these items or any extra food sales.

Students must follow the WC School Nutrition guidelines



**EVERY STUDENT'S TRAY MUST AT LEAST
1/2 CUP FRUIT OR VEGGIE ON IT**



NEW

Have you submitted your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to www.myschoolapps.com



School Payments Made Easy

From the cafeteria to the classroom, pay anytime, anywhere from your computer or smartphone at walkerschools.org

***** We have changed our homemade rolls from whole grain to enriched white.**

ALL WC STUDENTS EAT FREE AT BREAKFAST & LUNCH.