

Walker County Schools



School is out until  
Monday, January 13, 2021

**LUNCH MIDDLE SCHOOLS  
2020– 2021**

**FREE Healthy Food  
just for you.**

Monday	Tuesday	Wednesday	Thursday	Friday
 Your plate must have at least 1/2 cup fruit or veggie on it.	 School Payments Made Easy from your computer or smartphone at <a href="http://walkerschools.org">walkerschools.org</a>	 Have you filled out your child's Free/Reduced application yet? You can fill it out on line. It is easy and fast. Go to <a href="http://www.myschoolapps.com">www.myschoolapps.com</a>	 <b>** LUNCH IS FREE To All WC Students</b>	 1
 <b>No School</b> Teacher In service Day 4	 <b>No School</b> Teacher Inservice Day 5	 <b>No School</b> Teacher In service Day 6	 <b>No School</b> Teacher In service Day 7	 <b>No School</b> Teacher In service Day 8
Teriyaki Chicken w/ Roll <b>OR</b> Fish on WG Bun w/ Tartar Sauce <b>OR</b> PBJ Sandwich Baked Beans Toss Salad w/ Dressing Applesauce Frozen Fruit Milk Choice 11	<b>TACO TUESDAY</b> Hamburger on WG Bun w/ Lettuce, Tomato & Onion <b>OR</b> Taco w/ Crispy Shells & Cheese Cup & Sour Cream Lettuce & Diced Tomatoes Refried Beans Salsa Apricots Fresh Fruit Milk Choice 12	Chicken Nuggets <b>OR</b> BBQ Pork Roll Green Beans Cream Potatoes Mixed Fruit Fresh Fruit Milk Choice 13	Pizza <b>OR</b> Baked Lasagna w/ Roll Broccoli w/ Cheese Steamed Carrots Peaches Fresh Fruit Milk Choice Blueberry Crisp 14	Chicken on WG Bun <b>OR</b> Ham & Cheese on WG Bun WG Chips Baby Carrots w/ Dip Toss Salad w/ Dressing Pears Fresh Fruit Milk Choice 15
 <b>NO SCHOOL HOLIDAY</b> 18	Chicken Fajita & Cheese Cup w/ Sour Cream and Salsa <b>OR</b> Pizza Corn Steamed Carrots Applesauce Frozen Fruit Milk Choice 19	Quesadilla w/ Sour Cream <b>OR</b> Chicken on WG Bun Fries Refried Beans Salsa Toss Salad w/ Dressing Peaches Fresh Fruit Milk Choice 20	Taco Bake w/ Roll <b>OR</b> Turkey & Cheese on WG Bun Veggies w/ Ranch Dressing Sweet Potato Fries Spiced Apples Fresh Fruit Milk Choice Ice Cream 21	BBQ on WG Bun w/ WG Chips <b>OR</b> Fish Nuggets w/ Hushpuppies & Tartar Sauce Corn Baked Beans Toss Salad w/ Dressing Mixed Fruit Fresh Fruit Milk Choice 22
Pizza <b>OR</b> Sweet & Sour Chicken on Rice w/ Roll <b>OR</b> PBJ Sandwich Carrots w/ Dip Green Beans Applesauce Frozen Fruit Milk Choice 25	Chicken Nuggets <b>OR</b> Turkey Sliced w/ Gravy Roll Mixed Veggies Broccoli w/ Cheese Apricots Fresh Fruit Milk Choice 26	Hotdog w/ Chili <b>OR</b> Burrito w/ Sour Cream & Salsa Cole Slaw Fries Refried Beans Blueberries Fresh Fruit Milk Choice 27	Spaghetti w/ Meat Sauce w/ Roll <b>OR</b> Turkey & Cheese on WG Bun Corn Green Beans Toss Salad w/ Dressing Choice Peaches Fresh Fruit WG Choc Chip Cookie Milk Choice 28	Hamburger on WG Bun Lettuce, Tomato & Onion <b>OR</b> Corn Dog Sweet Potato Fries Caesar Salad Pears Fresh Fruit Milk Choice 29

MENU SUBJECT TO CHANGE BASED UPON AVAILABILITY OF FOOD

**THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.**

\*\*\* We have changed our homemade rolls from whole grain to enriched white.

Students must have a lunch from home or school to be eligible to purchase the following items:

20 oz. Bottle Water every day for \$1.00, Frozen Fruit (4.4 oz. cup of 100% fruit juice) on Thursdays for \$1.00

WG Choc Chip Cookie (1.85 oz.) on Fridays for \$.75. Switch Drinks every day for \$1.50.

NO CHARGING will be allowed for these items or any extra food sales. Students must follow the WC School Nutrition guidelines.

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