



BREAKFAST MENU FOR MIDDLE SCHOOL STUDENTS 5TH-8TH

A school breakfast is made up of at least 3 but no more than 4 components. These are 1 fruit and fruit juice serving, 1 milk serving and a total of 2 grain servings or 1 serving of grain and 1 serving of yogurt.

PRICES

FIRST BREAKFAST IS FREE

SECOND BREAKFAST IS \$2.60

As we start the 2021-2022 school year the breakfast program is here to meet your students nutritional needs as well as providing the items they like.

Since breakfast will be Grab and Go, choices will be limited. There will be some new items and old favorites.

**EACH DAY WILL HAVE
ASSORTED BREAKFAST BARS, MUFFINS AND CEREAL
STRING CHEESE, YOGURT PARFAIT, YOGURT
CHILLED JUICE AND A VARIETY OF FRUIT
VARIETY OF MILK**

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