



BREAKFAST MENU FOR HIGH SCHOOL 2021-2022



A SCHOOL BREAKFAST IS MADE UP OF 3 COMPONENTS WITH 2 SERVINGS OF WHOLE GRAIN RICH PRODUCT OR ONE MEAT/MEAT ALTERNATIVE PLUS ONE SERVING OF WHOLE GRAIN, FRUIT AND MILK. TO MAKE A COMPLETE BREAKFAST, ALL STUDENTS MUST TAKE A MINIMUM OF ½ CUP FRUIT AND/OR JUICE.

BREAKFAST PRICE
FIRST BREAKFAST NO CHARGE
SECOND BREAKFAST \$2.60

TO BEGIN THE SCHOOL YEAR WE WILL HAVE A VARIETY OF ITEMS FOR BREAKFAST. A STUDENT MUST TAKE THE REQUIRED COMPONENTS TO BE AT NO CHARGE

**EACH DAY WILL HAVE
A VARIETY OF HOT ITEMS INCLUDING BREAKFAST SANDWICHES
ASSORTED BREAKFAST BARS, MUFFINS AND CEREAL
STRING CHEESE, YOGURT PARFAIT, YOGURT
CHILLED JUICE AND A VARIETY OF FRUIT
VARIETY OF MILK**

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