

SEPTEMBER 2021

GRAY STATION MIDDLE SCHOOL

All Students eat at no Charge
Adult Lunches are \$3.50

Monday

Tuesday

Wednesday

Thursday

Friday

**LABOR DAY
NO SCHOOL**

6 **Taco Salad OR Grilled Cheese**
Lettuce, Tomato, Cheese, Salsa, Peppers & Sour Cream
Sweet Corn / Fruit Variety / Milk

1 **Stuffed Crust Pizza OR PBJ Sandwich**
Fresh Celery and Ranch
Whole Kernel Corn
Milk

7 **The Ultimate Cheese Waffle Fries OR PBJ Sandwich**
Mixed Veggies
Fruit Variety / Cookie / Milk

2 **BUILD YOUR OWN BURGER!!**
Ham / Cheeseburger
Lettuce / Tomato / Pickle
Seasoned Fries
Fruit Variety / Milk

8 **Barbeque Chicken OR Deli Sandwich**
Steamed Yellow Rice
Black-eyed Peas / Cornbread
Fruit Variety / Milk

3 **Chicken Tender Basket w/ Buffalo sauce**
French Fries
Creamy Coleslaw
Fruit Variety
Milk

9 **Corndog Minis OR PBJ Sandwich**
French Fries / Fresh Carrots
Fruit Variety / Milk

13 **Loaded Baked Potato/ Shredded BBQ/Cheese/Sour Cream OR PBJ Sandwich**
Caesar Salad w/ Croutons
Fruit Variety / Milk

14 **Cheesy Beefaroni OR Double Cheese Turkey Melt**
Spinach Mix w/ Shredded Carrot
Fruit Variety
Milk

15 **Supreme Pizza w/ a side of Diced Pineapples OR PBJ Sandwich**
Green Beans
Fresh Pears / Milk

16 **Chicken Alfredo with Bowtie Pasta w/ Roll OR Deli Sandwich**
Steamed Broccoli & Carrots
Pudding Parfait/ Fruit / Milk

17 **Make your OWN Submarine Sandwich OR PBJ Sandwich**
Lettuce/Tomato/Cheese/Pickle
Olives / Onion / Baked Chips
Fresh Veggies w/ dip/ Fruit / Milk

20 **Salisbury Steak and Gravy OR PBJ Sandwich**
Steamed Rice
Peas and Carrots
Fruit Variety / Milk

21 **Chicken Club Sandwich OR Grilled Cheese Sandwich**
Crispy French Fries
Fresh Berry Mix
Milk

22 **FIRST DAY OF FALL Taco Soup OR PBJ Sandwich**
Tortilla Chips
Spinach Salad with Grapes
Fruit Variety / Milk

23 **Bacon - Cheeseburger Lettuce / Tomato / Pickle / Onion - on a Ciabatta Bun OR Deli Sandwich**
Seasoned Fries
Fruit Variety / Milk

24 **Crispy Fish Nuggets OR PBJ Sandwich**
Baked Beans
Coleslaw
Fruit Variety / Milk

27 **Kicking Chicken Sandwich w/ Yum-Yum Sauce OR PBJ Sandwich**
Waffle Fries / Green Beans
Fruit Variety / Milk

28 **Cheesy Spaghetti Bake W/ Breadsticks OR Grilled Cheese Sandwich**
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Strawberry Spinach Salad
Fruity Jello Shooters / Milk

29 **Stuffed Crust Pizza OR PBJ Sandwich**
Fresh Celery and Ranch
Whole Kernel Corn
Fruit Variety / Milk

30 **Chicken Tender Basket w/ Buffalo sauce**
French Fries
Creamy Coleslaw
Fruit Variety
Milk



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