

SEPTEMBER 2021

CLIFTON RIDGE MIDDLE SCHOOL

All Students eat at no Charge
Adult Lunches are \$3.50

Monday **Tuesday** **Wednesday** **Thursday** **Friday**

		Stuffed Crust Pizza OR PBJ Sandwich 1 Fresh Celery and Ranch Whole Kernel Corn Milk	BUILD YOUR OWN BURGER!! 2 Ham / Cheeseburger Lettuce / Tomato / Pickle Seasoned Fries Fruit Variety / Milk	Chicken Nugget Basket w/ Buffalo sauce 3 French Fries Creamy Coleslaw Fruit Variety Milk
--	--	--	---	--

LABOR DAY NO SCHOOL 6	Taco Salad OR Grilled Cheese 7 Lettuce, Tomato, Cheese, Salsa, Peppers & Sour Cream Sweet Corn / Fruit Variety / Milk	The Ultimate Cheese Waffle Fries OR PBJ Sandwich 8 Mixed Veggies Fruit Variety / Cookie / Milk	Baked Chicken OR Deli Sandwich 9 Creamed Potato Green Beans / Cornbread Fruit Variety / Milk	Hot Dog OR PBJ Sandwich 10 Baked Chips / Fresh Carrots Fruit Variety / Milk
-------------------------------------	---	--	---	---

Loaded Baked Potato/ Shredded BBQ/Cheese/Sour Cream OR PBJ Sandwich 13 Caesar Salad w/ Croutons Fruit Variety / Milk	Cheesy Beefaroni OR Double Cheese Turkey Melt 14 Spinach Mix w/ Shredded Carrot Fruit Variety Milk	Supreme Pizza w/ a side of Diced Pineapples OR PBJ Sandwich 15 Green Beans Fresh Pears / Milk	Chicken Alfredo with Bowtie Pasta w/ Roll OR Deli Sandwich 16 Steamed Broccoli & Carrots Pudding Parfait/ Fruit / Milk	Make your OWN Submarine Sandwich OR PBJ Sandwich 17 Lettuce/Tomato/Cheese/Pickle Olives / Onion / Baked Chips Fresh Veggies w/ dip/ Fruit / Milk
--	---	---	--	---

Salisbury Steak & Gravy OR PBJ Sandwich 20 Steamed Rice Peas and Carrots Fruit Variety / Milk	Chicken Club Sandwich OR Grilled Cheese Sandwich 21 Crispy French Fries Fresh Berry Mix Milk	FIRST DAY OF FALL Taco Soup OR PBJ Sandwich 22 Tortilla Chips Spinach Salad with Grapes Fruit Variety / Milk	Bacon - Cheeseburger Lettuce / Tomato / Pickle / Onion - on a Ciabatta Bun OR Deli Sandwich 23 Seasoned Fries Fruit Variety / Milk	Crispy Fish Nuggets OR PBJ Sandwich 24 Baked Beans Coleslaw Fruit Variety / Milk
--	---	---	--	---

Kicking Chicken Sandwich w/ Yum-Yum Sauce OR PBJ Sandwich 27 Waffle Fries / Green Beans Fruit Variety / Milk	Cheesy Spaghetti Bake W/ Breadsticks OR Grilled Cheese Sandwich 28 S Strawberry Spinach Salad Fruity Jello Shooters / Milk	Stuffed Crust Pizza OR PBJ Sandwich 29 Fresh Celery and Ranch Whole Kernel Corn Fruit Variety / Milk	Chicken Tender Basket w/ Buffalo sauce 30 French Fries Creamy Coleslaw Fruit Variety Milk
--	---	---	---



This institution is an Equal Opportunity Provider