



LUNCH MENU

Monday

BOSCO PIZZA STICK
 STRING CHEESE
 VEGGIE STICKS
 FRUIT CUP
 Mini RICE KRISPY
 MILK

*Daily Alternate of EZ
 JAMMER Uncrustable,
 FRUIT, VEGGIE, MILK*

Tuesday

BREADED CHICKEN
 item of the day
 ROLD GOLD
 PRETZELS
 FRESH VEGGIE CUP
 FRUIT CUP
 MILK

Wednesday

BREAKFAST FOR
 LUNCH (mini
 pancakes, waffles,
 etc)
 POTATO TRIANGLE
 TURKEY SAUSAGE
 LINK
 FRUIT CUP
 JUICE
 MILK

Thursday

BREADED CHICKEN
 item of the day
 VEGGIE STICKS
 FRUIT CUP
 COOKIE
 MILK

Friday

PENNE PASTA
 WITH MARANARA
 SAUCE
 MEAT BALLS
 STRING CHEESE
 GARDEN SALAD
 FRUIT CUP
 MILK

IMMUNE-BOOSTING TIPS

- Get 7-9 hours of sleep
- Drink at least 8 cups of water per day
- Eat lots of colorful fruits & vegetables
- Move your body - stretch, dance, walk
- Minimize added sugars
- Try something plant-based



This institution is an equal opportunity provider.
 Menu is subject to change.

