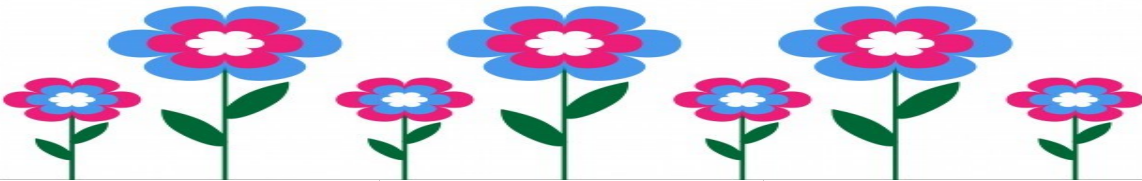


# Lunch Menu for August 2019

D.C. Virgo and Douglass Academy

			<b>Thursday, August 1</b> Cheeseburger French Fries Broccoli Fresh Fruit Milk	<b>Friday, August 2</b> Beef-A-Roni Garlic Knot Black Eyed Peas Roasted Butternut Squash Garden Salad Mixed Fruit Milk
			<b>Monday, August 5</b> Popcorn Chicken Veggie Sticks Garden Salad Diced Peaches Milk	<b>Tuesday, August 6</b> Chicken Filet Sandwich Lima Beans Roasted Potatoes Fresh Fruit Milk
<b>Monday, August 12</b> Southwest Meatballs over Rice Broccoli with Cheese Garden Salad Diced Peaches Milk	<b>Tuesday, August 13</b> Chicken Tenders Mashed Potatoes California Vegetables Fresh Fruit Milk	<b>Wednesday, August 14</b> Stuffed Crust Pizza Glazed Carrots Garden Salad Frozen Fruit Cup Milk	<b>Thursday, August 15</b> Cheeseburger Great Northern Beans Tater Tots Fresh Fruit Milk	<b>Friday, August 16</b> Corn Dog Nuggets NC Sweet Potato Garden Salad Mixed Fruit Milk
<b>Monday, August 19</b> Chicken Nuggets Baked Potato Garden Salad Diced Peaches Milk	<b>Tuesday, August 20</b> Chicken Tenders with Dinner Roll Veggie Sticks Garden Salad Fresh Fruit Milk	<b>Wednesday, August 21</b> Grilled Cheese Sandwich Mixed Vegetables Garden Salad Frozen Fruit Cup Milk	<b>Thursday, August 22</b> Cheeseburger French Fries Broccoli Fresh Fruit Milk	<b>Friday, August 23</b> Beef-A-Roni Garlic Knot Black Eyed Peas Roasted Butternut Squash Garden Salad Mixed Fruit Milk
<b>Monday, August 26</b> Popcorn Chicken Veggie Sticks Garden Salad Diced Peaches Milk	<b>Tuesday, August 27</b> Chicken Filet Sandwich Lima Beans Roasted Potatoes Fresh Fruit Milk	<b>Wednesday, August 28</b> French Bread Pizza Sweet Potato Fries Garden Salad Diced Pears Milk	<b>Thursday, August 29</b> Nacho Grande Pinto Beans Veggie Cup Fresh Fruit Milk	<b>Friday, August 30</b> Cheesy Breadsticks Corn Garden Salad Mixed Fruit Milk

## August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



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