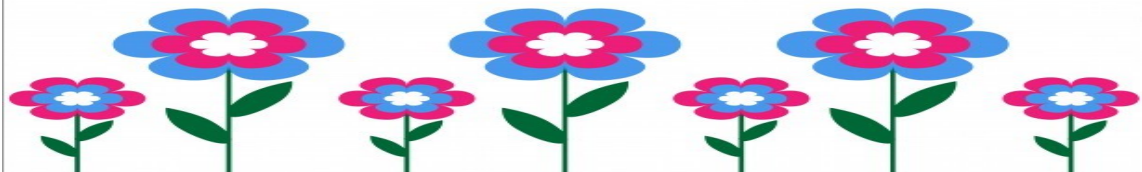


# Lunch Menu for August 2019

High School and Early College (underlined>

			Thursday, August 1	Friday, August 2
			Cheeseburger Tangerine Chicken with Rice & Egg Roll <u>Buffalo Chicken Pizza</u> Glazed Carrot French Fries Garden Salad, Fresh Fruit	Corn Dog Nuggets <u>Beef-a-Roni w/ Garlic Knot</u> Deluxe Chicken Sandwich Black Eyed Peas Roasted Butternut Squash Garden Salad Mixed Fruit, Fresh Fruit
Monday, August 5	Tuesday, August 6	Wednesday, August 7	Thursday, August 8	Friday, August 9
Popcorn Chicken w/ Mac & Cheese Grilled Cheese Sandwich <u>Teriyaki Chicken w/ Rice &amp; Egg Roll</u> Vegetable Soup Garden Salad Diced Peaches Fresh Fruit	<u>Chicken Filet Sandwich</u> Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans Roasted Potatoes Garden Salad Mixed Fruit, Fresh Fruit	<u>French Bread Pizza</u> Fish Filet Sandwich BBQ Chicken w/ Rice <u>Creamy Pasta Salad</u> Sweet Potato Fries Garden Salad Diced Pears Fresh Fruit	<u>Nachos Grande w/ Cornbread Muffin</u> Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup, Garden Salad Diced Peaches Fresh Fruit	<u>Cheesy Breadsticks</u> Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn, Carrot Sticks Garden Salad Mixed Fruit Fresh Fruit
Monday, August 12	Tuesday, August 13	Wednesday, August 14	Thursday, August 15	Friday, August 16
Chicken Chunks w/ Roll <u>Lasagna w/ Garlic Knot</u> Southwest Meatballs over Rice Broccoli w/ Cheese Garden Salad Diced Peaches Fresh Fruit	<u>Chicken &amp; Waffles</u> Salisbury Steak w/ Biscuit Turkey & Cheese Wrap with Pasta Salad Red Skinned Mashed Potatoes, Veggie Sticks Garden Salad Mixed Fruit, Fresh Fruit	<u>Stuffed Crust Pizza</u> Fish Sticks w/ Hushpuppies Pork BBQ Sandwich Glazed Carrots Garden Salad Frozen Fruit Cup Fresh Fruit	Cheeseburger Chicken Parmesan Buffalo Chicken Pizza Great Northern Beans, Tater Tots Garden Salad Diced Peaches Fresh Fruit	<u>Corn Dog Nuggets</u> Philly Steak Deluxe Chicken Sandwich NC Sweet Potato Garden Salad Mixed Fruit Fresh Fruit
Monday, August 19	Tuesday, August 20	Wednesday, August 21	Thursday, August 22	Friday, August 23
<u>Chicken Chunks w/ Rice &amp; Gravy</u> Pork BBQ w/ Roll, Hushpuppies & Slaw Chicken Filet Sandwich Baked Potato Garden Salad	Chicken Tenders w/ Roll <u>Spaghetti &amp; Meatballs w/ Roll</u> Turkey & Cheese Wrap with Pasta Salad California Vegetables Veggie Sticks Garden Salad Mixed Fruit, Fresh Fruit	Stuffed Crust Pizza <u>Chicken Egg Rolls with Fried Rice</u> Chicken Club Sandwich Broccoli, Garden Salad Frozen Fruit Cup Fresh Fruit	Cheeseburger Tangerine Chicken with Rice & Egg Roll <u>Buffalo Chicken Pizza</u> Glazed Carrot French Fries Garden Salad, Fresh Fruit	Corn Dog Nuggets <u>Beef-a-Roni w/ Garlic Knot</u> Deluxe Chicken Sandwich Black Eyed Peas Roasted Butternut Squash Garden Salad Mixed Fruit, Fresh Fruit
Monday, August 26	Tuesday, August 27	Wednesday, August 28	Thursday, August 29	Friday, August 30
Popcorn Chicken w/ Mac & Cheese Grilled Cheese Sandwich <u>Teriyaki Chicken w/ Rice &amp; Egg Roll</u> Vegetable Soup Garden Salad Diced Peaches Fresh Fruit	<u>Chicken Filet Sandwich</u> Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans Roasted Potatoes Garden Salad Mixed Fruit, Fresh Fruit	<u>French Bread Pizza</u> Fish Filet Sandwich BBQ Chicken w/ Rice <u>Creamy Pasta Salad</u> Sweet Potato Fries Garden Salad Diced Pears Fresh Fruit	<u>Nachos Grande w/ Cornbread Muffin</u> Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup, Garden Salad Diced Peaches Fresh Fruit	<u>Cheesy Breadsticks</u> Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn, Carrot Sticks Garden Salad Mixed Fruit Fresh Fruit

## August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



Developed by School Nutrition Services, N.C. Department of Public Instruction.  
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