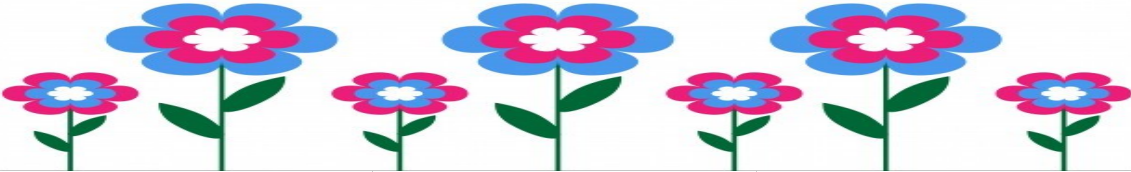


Lunch Menu for August 2019

Middle School

			Thursday, August 1	Friday, August 2
			Cheeseburger Tangerine Chicken w/ Rice Buffalo Chicken Pizza Glazed Carrots French Fries Garden Salad Mandarin Oranges Fresh Fruit	Corn Dog Nuggets Beef-A-Roni w/ Garlic Knot Deluxe Chicken Sandwich Roasted Butternut Squash Black Eyed Peas Garden Salad Mixed Fruit, Fresh Fruit
Monday, August 5	Tuesday, August 6	Wednesday, August 7	Thursday, August 8	Friday, August 9
Popcorn Chicken with Macaroni & Cheese Teriyaki Chicken with Rice Grilled Cheese Sandwich Vegetable Soup Garden Salad Diced Peaches Fresh Fruit	Chicken Filet Sandwich Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans Roasted Potatoes Garden Salad Mixed Fruit Fresh Fruit	French Bread Pizza Fish Filet Sandwich BBQ Chicken with Rice Creamy Pasta Salad Sweet Potato Fries & Garden Salad Diced Pears Fresh Fruit	Nachos Grande w/ Cornbread Muffin Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup Garden Salad Diced Peaches	Cheesy Breadsticks Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn Garden Salad Mixed Fruit Fresh Fruit
Monday, August 12	Tuesday, August 13	Wednesday, August 14	Thursday, August 15	Friday, August 16
Chicken Nuggets w/ Roll Lasagna w/ Garlic Knot Southwest Meatballs over Rice Broccoli with Cheese Garden Salad Diced Peaches Fresh Fruit	Chicken & Waffles Salisbury Steak w/ Biscuit Turkey & Cheese Wrap Mashed Potatoes Veggie Sticks Garden Salad Mixed Fruit Fresh Fruit	Stuffed Crust Pizza Fish Sticks w/ Hushpuppies Pork BBQ Sandwich Glazed Carrots Garden Salad Frozen Fruit Cup Fresh Fruit	Cheeseburger Chicken Parmesan Buffalo Chicken Pizza Great Northern Beans Tater Tots Garden Salad Diced Peaches Fresh Fruit	Corn Dog Nuggets Philly Steak Deluxe Chicken Sandwich NC Sweet Potato Garden Salad Mixed Fruit Fresh Fruit
Monday, August 19	Tuesday, August 20	Wednesday, August 21	Thursday, August 22	Friday, August 23
Chicken Nuggets with Rice and Gravy Pork BBQ w/ Hushpuppies, Dinner Roll & Cole Slaw Chicken Filet Sandwich Baked Potato Garden Salad Diced Peaches	Chicken Tenders w/Roll Spaghetti & Meatballs w/ Roll Turkey & Cheese Wrap Veggie Sticks Garden Salad California Vegetables Mixed Fruit Fresh Fruit	Stuffed Crust Pizza Chicken Egg Rolls Chicken Club Sandwich Broccoli Garden Salad Frozen Fruit Cup Fresh Fruit	Cheeseburger Tangerine Chicken w/ Rice Buffalo Chicken Pizza Glazed Carrots French Fries Garden Salad Mandarin Oranges Fresh Fruit	Corn Dog Nuggets Beef-A-Roni w/ Garlic Knot Deluxe Chicken Sandwich Roasted Butternut Squash Black Eyed Peas Garden Salad Mixed Fruit, Fresh Fruit
Monday, August 26	Tuesday, August 27	Wednesday, August 28	Thursday, August 29	Friday, August 30
Popcorn Chicken with Macaroni & Cheese Teriyaki Chicken with Rice Grilled Cheese Sandwich Vegetable Soup Garden Salad Diced Peaches Fresh Fruit	Chicken Filet Sandwich Baked Spaghetti w/ Breadstick Hot Dog w/ Chili Lima Beans Roasted Potatoes Garden Salad Mixed Fruit Fresh Fruit	French Bread Pizza Fish Filet Sandwich BBQ Chicken with Rice Creamy Pasta Salad Sweet Potato Fries & Garden Salad Diced Pears Fresh Fruit	Nachos Grande w/ Cornbread Muffin Grilled Chicken Sandwich Corn Dog Nuggets Pinto Beans Veggie Cup Garden Salad Diced Peaches Fresh Fruit	Cheesy Breadsticks Chicken Quesadilla with Spanish Rice Bacon Cheeseburger Corn Garden Salad Mixed Fruit Fresh Fruit

August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



Developed by School Nutrition Services, N.C. Department of Public Instruction.
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