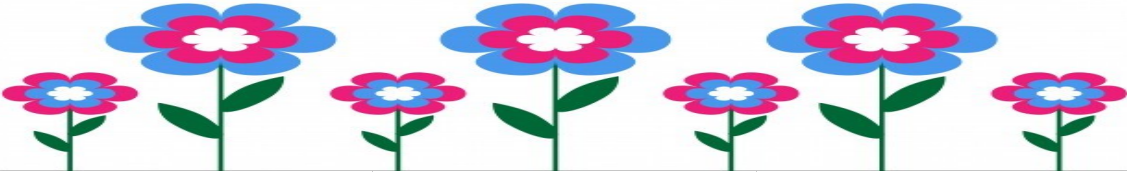


# Lunch Menu for August 2019

Elementary, LFA (underlined)

			<b>Thursday, August 1</b> <u>Cheeseburger</u> <u>Tangerine Chicken</u> With Rice Glazed Carrots French Fries Garden Salad Mandarin Oranges, Fruit	<b>Friday, August 2</b> Corn Dog Nuggets <u>Beef-A-Roni with Garlic Knot</u> <u>Roasted Butternut Squash</u> Black Eyed Peas Garden Salad Mixed Fruit Fresh Fruit
			<b>Monday, August 5</b> <u>Popcorn Chicken with</u> <u>Macaroni &amp; Cheese</u> Grilled Cheese Sandwich Mixed Vegetables Garden Salad Diced Peaches Fresh Fruit	<b>Tuesday, August 6</b> Chicken Filet Sandwich <u>Baked Spaghetti with</u> <u>Breadstick</u> Lima Beans Roasted Potatoes Garden Salad Mixed Fruit, Fresh Fruit
<b>Monday, August 12</b> Chicken Nuggets with a Roll <u>Southwest Meatballs</u> <u>over Rice</u> Broccoli & Cheese Garden Salad Diced Peaches, Fruit	<b>Tuesday, August 13</b> Chicken & Waffles Salisbury Steak with Biscuit Mashed Potatoes California Vegetables Garden Salad Mixed Fruit, Fresh Fruit	<b>Wednesday, August 14</b> <u>Stuffed Crust Pizza</u> Fish Sticks with Hushpuppies Glazed Carrots Garden Salad Frozen Fruit Cup Fresh Fruit	<b>Thursday, August 15</b> <u>Cheeseburger</u> Chicken Parmesan Great Northern Beans Tater Tots Garden Salad Diced Peaches Fresh Fruit	<b>Friday, August 16</b> Corn Dog Nuggets Philly Steak Sandwich NC Sweet Potato Garden Salad Mixed Fruit Fresh Fruit
<b>Monday, August 19</b> <u>Chicken Nuggets with</u> <u>Rice &amp; Gravy</u> BBQ Pork with Hushpuppies & Slaw Baked Potato Garden Salad Diced Peaches, Fruit	<b>Tuesday, August 20</b> Chicken Tenders <u>Spaghetti &amp; Meatballs</u> Dinner Roll (w/ entrees) California Vegetables Garden Salad Mixed Fruit Fresh Fruit	<b>Wednesday, August 21</b> <u>Stuffed Crust Pizza</u> <u>Chicken Egg Rolls</u> Broccoli Garden Salad Frozen Fruit Cup Fresh Fruit	<b>Thursday, August 22</b> <u>Cheeseburger</u> <u>Tangerine Chicken</u> <u>With Rice</u> Glazed Carrots French Fries Garden Salad Mandarin Oranges, Fruit	<b>Friday, August 23</b> Corn Dog Nuggets <u>Beef-A-Roni with Garlic Knot</u> <u>Roasted Butternut Squash</u> Black Eyed Peas Garden Salad Mixed Fruit Fresh Fruit
<b>Monday, August 26</b> <u>Popcorn Chicken with</u> <u>Macaroni &amp; Cheese</u> Grilled Cheese Sandwich Mixed Vegetables Garden Salad Diced Peaches Fresh Fruit	<b>Tuesday, August 27</b> Chicken Filet Sandwich <u>Baked Spaghetti with</u> <u>Breadstick</u> Lima Beans Roasted Potatoes Garden Salad Mixed Fruit, Fresh Fruit	<b>Wednesday, August 28</b> <u>French Bread Pizza</u> Filet of Fish Sandwich Creamy Pasta Salad Sweet Potato Fries Garden Salad Diced Pears Fresh Fruit	<b>Thursday, August 29</b> <u>Nacho Grande</u> Grilled Chicken Sandwich Pinto Beans Veggie Cup Garden Salad Diced Peaches Fresh Fruit	<b>Friday, August 30</b> <u>Cheesy Breadsticks</u> Chicken Quesadilla with Spanish Rice Corn Garden Salad Mixed Fruit Fresh Fruit

## August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



Developed by School Nutrition Services, N.C. Department of Public Instruction.  
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