

# Lunch Menu for August 2019

Gluten Free

			Thursday, August 1	Friday, August 2
			Hamburger with Rice Fruit and Vegetable Of the Day Milk	Cheese Cubes and Yogurt with Tortilla Chips Fruit and Vegetable Of the Day Milk
Monday, August 5	Tuesday, August 6	Wednesday, August 7	Thursday, August 8	Friday, August 9
Teriyaki Chicken (MS) Grilled Chicken (Elem) Both with Rice Fruit and Vegetable Of the Day Milk	Hot Dog with Rice Fruit and Vegetable Of the Day Milk	Roasted Chicken with Rice Fruit and Vegetable Of the Day Milk	Nacho Grande Fruit and Vegetable Of the Day Milk	Hamburger with Rice Fruit and Vegetable Of the Day Milk
Monday, August 12	Tuesday, August 13	Wednesday, August 14	Thursday, August 15	Friday, August 16
Beef Taco Meat with Tortilla Chips and Spanish Rice (MS) Roasted Chicken with Rice (Elem) Fruit and Vegetable Of the Day Milk	Salisbury Steak with Rice Fruit and Vegetable Of the Day Milk	BBQ Pork w/ Rice( MS) Grilled Chicken with Tortilla Chips (Elem) Fruit and Vegetable Of the Day Milk	Hamburger with Rice Fruit and Vegetable Of the Day Milk	Cheese Cubes and Yogurt with Tortilla Chips Fruit and Vegetable Of the Day Milk
Monday, August 19	Tuesday, August 20	Wednesday, August 21	Thursday, August 22	Friday, August 23
BBQ Pork with Rice Fruit and Vegetable Of the Day Milk	Meatballs with Rice Fruit and Vegetable Of the Day Milk	Grilled Chicken with Tortilla Chips Fruit and Vegetable Of the Day Milk	Hamburger with Rice Fruit and Vegetable Of the Day Milk	Cheese Cubes and Yogurt with Tortilla Chips Fruit and Vegetable Of the Day Milk
Monday, August 26	Tuesday, August 27	Wednesday, August 28	Thursday, August 29	Friday, August 30
Teriyaki Chicken (MS) Grilled Chicken (Elem) Both with Rice Fruit and Vegetable Of the Day Milk	Hot Dog with Rice Fruit and Vegetable Of the Day Milk	Roasted Chicken with Rice Fruit and Vegetable Of the Day Milk	Nacho Grande Fruit and Vegetable Of the Day Milk	Hamburger with Rice Fruit and Vegetable Of the Day Milk

## August

- Family Meals Month
- Kids Eat Right Month
- National Farmers Market Week (August 5-9)



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